

BICYCLE TIME TRIAL SERIES

Sponsored By

National Capital Velo Club - National Park Service - Georgetown Cycle Sport

Individuals: March 4, 11, 18, 25 Also April 1, 8, 15, for Non ABL Riders

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Held under sanction of the Amateur Bicycle League of America, Inc.

TIME AND PLACE: Trials will be held on the George Washington Parkway, starting and ending at Lock 6, one mile north of Chain Bridge on the Maryland side. Registration will begin at 7:30 AM each day, with the first rider off the line at 8:00 AM. The course runs to Carderock and back on the Parkway. Parking is available at Lock 6 and Lock 5. Note: For ABL riders there will be two man team trials on April 1, 8, and 15. A separate entry will be required.

ELIGIBILITY: ABL of A licensed riders will compete for \$150.00 in prizes. To be eligible, a rider must complete three of the four weeks. Non ABL licensed riders will receive a certificate for participating at least once. Those who complete four of the seven will receive a patch. (Patches and certificates will be mailed.)

CLASSES: ABL Classes: Seniors, Juniors, Intermediates and Veterans ride ten miles. Midgets ride five miles.

Non ABL riders may elect to ride either five miles or ten miles with no age classifications.

PRIZES: \$150 worth of merchandise will be awarded to the first ten (10) places in Senior and Junior classes and the first five (5) places in all the other ABL classes.

NCVC wishes to express its appreciation to Georgetown Cycle Sport for sponsoring this race and the two man team time trials which will follow in April.

REGISTRATION: Rules and detailed instructions are on the reverse side. Entries may be mailed to the address shown on the official form below or turned in at the registration desk the day of the race. All entries must be accompanied by the proper fee. Riders under 18 years of age MUST have signature of parent or guardian on the entry blank.

1973 Bicycle Time Trial Series Rules

EQUIPMENT: Road bikes with two working brakes and freewheel or track bikes with one working brake and fixed gear. ABL of A rules will apply. All contestants must wear safety helmets.

CONDUCT OF THE RACE: Riders start individually at one minute intervals. Race officials will provide 5, 4, 3, 2, 1, minute warnings and no allowance is made for failure to start at the time scheduled. Groups riding the longest distance will start first. Within each group riders with the slowest accumulated times start ahead of the faster ones. At the starting line holders will be available to allow the contestant to tighten toe straps for a standing start.

Riders must proceed under their own power at all times and no allowance will be made for mechanical failures, or failure to remain on the course.

Riders must stay on the right at all times (being careful to avoid sewer gratings). No pacing or drafting on another rider is allowed. When overtaking, a clean pass must be made. The overtaken rider may not "jump on the lead rider's wheel" for drafting purposes.

Once finished, riders will retire from the race course and use extreme caution not to impede other riders behind them. Care will be exercised to avoid automobile traffic. Results will be posted as soon as tabulated by the officials. Participants or their handlers will not ask for individual results prior to that time, nor will they congregate near the officials.