

ROCK CREEK PARK BICYCLE RACES



Fall Series: Sept. 22, 29, Oct. 6, 13, 20

Sponsored by

National Capital Velo Club, Inc. - National Capital Parks - The Bike Inn

HELD UNDER THE SANCTION OF THE AMATEUR BICYCLE LEAGUE OF AMERICA

A series of mass start races conducted over a 3.8 mile course. Separate classes for those holding ABL of A licenses and those who do not. Points awarded for each race with the overall winners determined by the highest number of points for the series. Prime sprints for points and a separate King of the Hill prize in the A, B, and C classes. RACES HELD RAIN OR SHINE. Prize list donated by THE PIKE INN, Fredericksburg, Va.

<u>Class</u>	<u>Miles</u>	<u>Laps</u>	<u>Start Time</u>	<u>Places</u>	<u>Prize Value</u>	<u>Entry Fee*</u>
A	22.8	6	7:30 AM	10	\$125.00	\$3.00
B	15.2	4	7:30 AM	10	\$115.00	\$3.00
C	7.6	2	7:30 AM	10	\$105.00	\$3.00
M	3.8	1	8:45 AM	3	\$35.00	\$2.00
NOVICE	7.6	2	8:45 AM	3	Medals	\$2.00

*Includes \$0.25 International Travel Fund donation and \$1.00 number deposit which will be refunded at the end of the series upon return of rider numbers. Unattached ABL riders pay double entry fee.

Rules: ABL of A rules to govern. Road bikes only. Handlebars must be plugged. All riders must wear crash helmets. No allowance made for flat tires, mechanical failure of any kind, or any type of accident. Race ends when leaders cross the finish line. All dropped riders must retire from the course. Riders in one class may not ride with entrants from another class.

Classes: Classes A, B, C, and M for ABL of A riders only. For class A Senior riders must hold a Category 1 or 2 license.. Riders in other classes must have NCVC permission to ride in Class A. Class M is for midget riders only. If an A or B class rider fails to keep up with the race entered and is caught by the following race he or she is subject to that race.

Registration: Register on race day at Rock Creek Park Headquarters, 1800 Beach Dr. On the day of the race, registration for ABL riders will begin at 6:30AM and close at 7:00AM. Registration for Novice riders will be from 8:00 to 8:30AM. MINORS MUST HAVE THE SIGNATURE OF PARENT OR LEGAL GUARDIAN.

Course: A 3.8 mile hilly loop which runs clockwise down Beach Dr., right on Broad Branch Rd., right on Glover Rd, up the hill, right on Ross Dr., down to Military Rd. exit ramp, and right to Beach Dr.

Parking: Carter Baron Amphitheater parking lot (off 16th Street N.W. - walk down Morrow Drive) or Beach Dr. north of Military Rd. or south of Broad Branch Road.

Information: Paul Lenz 337-7356

Dan Wagner 337-0525

USE STANDARD ABL ENTRY - AVAILABLE AT RACE