



# National Capital Velo Club

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D. C. 20044

## OCTOBER - NOVEMBER NEWSLETTER

### PRESIDENT

Paul Lenz  
5509 Alderbrook Ct.  
Rockville, Md. 20851  
881-3078

### VICE-PRESIDENT

Stephan Dolezalek  
1812 Drury Lane  
Alexandria, Va. 22307  
765-3771

### ROAD CAPTAIN

Blake Powell  
3201 Hewitt Ave. 203  
Wheaton, Md. 20906  
460-3226

### SECRETARY

Roger 'Cal' Lowell  
7879 Patriot Dr.  
Annandale, Va. 22003  
941-6275

### TREASURER

Al Dubbe  
6108 Woodmont Rd.  
Alexandria, Va. 22307  
765-4395

Monthly Meeting: Monday, October 14, at Park Service Headquarters, 1100 Ohio Drive, at 7:30 PM. This will be the last monthly meeting for this year. On the agenda will be announcement of travel expense shares, discussion of the proposed amendments and nominations of officers.

Amendments: the proposed Constitution and By - Laws amendments are enclosed. Please read them carefully. They will be voted on at the annual meeting.

Nominations For Officers: Sterling Pease, with help from Barbara Miles and Roy Morris, has been working on a slate of officers for next year. So far he has come up with the following nominations:

President -	
V. P.	Michael Butler
Membership Sec. -	
Treasurer -	Peter Stevens
Asst. Treas. -	Art Rudman
Newsletter Ed. -	
Rider Representatives:	
Senior -	
Junior -	Jeff Pearlman
	Gentry Gingell
Women -	Barbara Miles
Road Captain -	

As you can see, there are a few rather large gaps yet to be filled. We expect they will be filled by nominations from the floor at the October monthly meeting. Without officers the Club cannot function and will disband.

Annual Meeting: The Annual Meeting will follow the Annual Club Banquet to be held at Blackie's House of Beef, 22nd & M Sts. N.W. The date will probably be Friday, November 8, but could not be confirmed by press time. In the event that the date is different, announcements will be made at the October meeting, at Rock Creek Park, and can be verified by calling Lenz, Dubbe or Stevens. Dinner will be Roast Beef, the cost will be \$7.50 per person. There will be a cash bar from 7:00 to 7:30. Dinner will begin at 7:30, followed by the annual meeting and, we hope, a film of interest to Bicycle Racers. Send checks for reservations to Al Dubbe by November 5.

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RACE RESULTS:

EASTERN CYCLING FEDERATION CLUB CHAMPIONSHIPS: Congratulations to the Junior team which not only repeated last year's First Place Win in the Road Race, but also tied for First Place at the Tracks!!!! The Senior Team can be equally proud of itself for finishing the Road Race in Fourth Place, quite an improvement over last year's Eighth Place! Team members for these events were:

Track Juniors:	S. Dolezalek - 1st Place, 5 Mile Race		
	M. Poland 8th Place, " " "		
	C. Fredericksen - 2nd Place, Miss & Out		
	J. Pearlman- 4th Place, Miss & Out		
	J. Kaiser - 5th Place, 1Mile		
Road Seniors:	R. Morris	Juniors:	C. Fredericksen 4th
	L. Space		E. Slaughter 5th
	B. Fisher		W. Horner 9th
	A. Slaughter		N. Carey 10th
	J. Collins		J. Pearlman 12th
	P. Pearson		B. McFarland -

TRAINING SUIT TURN - IN: All riders who were issued Club Training Suits at the start of the season must return them clean, and in good repair, to Milt Sager by October 28. If you paid to have them embroidered, you will be reimbursed (except for names) as long as the above conditions are met. The suits will be reissued in the Spring.

Rock Creek Park Classic: To all those who came out to help, many thanks. As you know, without you we simply cannot hold races. Special thanks to Carl Knoettner, Duke Reeves, Michael Butler, Dudley McConnell and Randy Swart who called up, as requested, to volunteer. Thanks also to those who responded affirmatively when contacted by telephone. Even so, allowing for the number of NCVF riders on the start line, the half dozen or so who were certifiably out of town, that still leaves approximately one hundred members who are unaccounted for and presumed dead. Don't forget to send the secretary a notarized copy of the coronor's certificate. As usual it took the generous response of the Potomac Pedalers to really provide the supportive manpower for the race.

Award Nominations: Each year at the Annual Meeting, the Club gives awards to those individuals whose performance(s) during the season have earned them distinction of one sort or another. Anyone wishing to nominate any member for an award, serious or otherwise, please contact Paul Lenz or Peter Stevens.

Red Cross Donations: As we all know, the Red Cross Ambulance has been loyally showing up for all our events and we have been greatly reassured by its presence. The First Aid Crew is now in the midst of a fund drive to purchase a new ambulance with more up to date equipment. The Club President, therefore, is asking each member to **make a donation of at least \$1.00 (although you may certainly contribute more if you so wish ) to the Ambulance Fund. The dollars will be collected either at Rock Creek Park and/or at the October meeting. One painless way of doing this would be simply to wait until after the last race in the series and then turn over your number deposit to the fund.**

Bike In: The Potomac Lung Association is sponsoring a **Bike In** on the Mt. Vernon Bike Trail on October 27. It's purpose is to help publicize Cleaner Air Week. Starting time is 10:00 AM at Belle Haven Park, Alexandria, Va. There will be a rest and refreshment stop at Ft. Hunt and then finish at Mt. Vernon. For further information contact Ron Miller at the Potomac Lung Association, 591-4131.

NOTICES:

For Sale: New Brooks Professional Saddle.....\$20.00  
New Regina 13/21 Freewheel ..... 10.00  
New Suntour Titanium 13/22 Freewheel..... 25.00  
Used Cinelli Rollers (Aluminum)..... 55.00  
8 Track Tape Deck..... 80.00  
Gold Timex Elec. Calander Watch..... 25.00

**Call Paul Lenz**

Personals: From Carole Jackson, a new address: 510 Rosevelt Hall,  
23 & Walnut Sts.  
Phila. Pa. 20766

and a request for the Reoch's new address:  
220 East Mermaid Lane #115  
Phila. Pa. 19118.

Well, now we all know two places to stay before the Philadelphia races.

**Coming Event: The Second Annual Interschool Junior and Senior High Mass -Start Criterium Bike Race, November 3, 1974.**  
This championship event is sponsored by Montgomery County Recreation Department. All Junior and Senior High students in Montgomery County are eligible to enter whether or not they hold ABL of A licenses. There will be separate races for stock-bikes. For further details, check with Paul Lenz, but be sure to start organizing your school's team now!

NATIONAL CAPITAL VELO CLUB  
PROPOSED CONSTITUTIONAL AMENDMENTS

Article IV

Section 1. After "Club" add: "and accept the obligations of membership

Section 2. Change "expire on the day after" to "are on a calendar year basis and may be renewed at the annual meeting" etc.

Section 3.

c. Substitute:

Novice - For new riders in their first year of membership and for members holding a novice category racing license. Novice members may not participate in the Racing Team Program.

Section 6. Change existing Sec. 6 to Section 7 and insert the following as Section 6.:

The basic duties of members shall be as follows:

- a. To conduct themselves in a manner consistent with the aims and objectives of the Club and with the rules of the ABL of A.
- b. To support Club sponsored races either by competing or by helping to organize or run the event.
- c. To wear the official Club jersey at all ABL of A sanctioned races with the exception of Club - sponsored local race series.

Article VI

Section 2. For duties of the Vice President substitute:

Vice President - Assists the President and acts as President in his or her absence. Is also responsible for organizing transportation to out of town races.

Article VIII - Delete Section 2. Renumber Sections 3 through 5 to be 2 through 4.

PROPOSED BY-LAWS AMENDMENTS

Article I

Section 1. Delete Track Captain and Area Assistant Road Captains.

In "Rider Representatives" after "will serve", replace the rest of the sentence with the following: "on the Executive Committee".

Add: Newsletter Editor - Reports to the Secretary and writes and edits the Club Newsletter.

Article I

Add:

Section 4. A Racing Team Director shall be appointed by and reports to the Executive Committee. The Director is responsible for the development and administration of the Racing Team Program.

Section 4. Delete item A and reletter the remaining items.

In "Training Committee" change the members to "as appointed".

## PROPOSED BY-LAWS AMENDMENTS

### Article III - Racing Team Program

Section 1. The Club shall establish and support a racing program for those seriously interested in sectional, national, and international competition as part of a Club Team.

Section 2. The development and administration of the Racing Team Program shall be the responsibility of the Racing Team Director as defined in Article I of these By-Laws . The Director shall consider applications for participation in the team program, select the Club Team, administer the racing team budget, and keep records of rider achievement.

Section 3. The Director shall develop budget proposals for consideration by the Executive Committee, shall disburse all funds allocated to the racing program, and shall provide a strict accounting to the Executive Committee for all allocated funds.

Section 4. Application for participation in the racing program shall be made in writing to the Director and must be accompanied by the initial fees. The application shall include the recommendation of two regular members and a certification that the applicant understands the duties, responsibilities, benefits and costs of the program.

Section 5. The initial fees for the program shall be a \$10.00 membership fee and a \$20.00 clothing deposit. The deposit shall be refunded upon return in good condition of all issued clothing. Additional fees may be established by the Executive Committee.

Section 6. The duties of members of the Racing Team Program shall be as follows:

- a. Participate in the racing team programs for training, travel, and reporting of race performances.
- b. Wear the official team jersey in all ABL of A sanctioned races. Failure to do so will result in suspension from the program for at least 30 days.
- c. Follow the race tactics designated by Racing Team Director.
- d. Attend all Racing Team Program meetings.
- e. Support and encourage other club members to improve their skills.
- f. Ride in events designated by the Racing Team Director. These events will include the State and National Championships.
- g. Ride in team events designated by the Racing Team Director.

Section 7. The benefits of the Racing Team Program are established by the Director subject to the availability of funds. The items listed below represent the normal expectation:

- a. Reimbursement of entry fees at the end of the season for all approved major races finished and properly reported.
- b. Free racing jersey(s) which will be replaced if destroyed in a race.
- c. Free additional clothing as available.
- d. Travel expense money for major events, National Championships, and Team Events. The allocation of available funds will be made on an individual basis by the Racing Team Director.

## PROPOSED BY-LAWS AMENDMENTS

### Section 7 (contd)

- e. Priority consideration in the travel program for out of town races.
- f. Team support during races.
- g. Free or discounted equipment as may be available.

Section 8. Members of the Racing Team Program remain in good standing as long as they participate actively and continue to maintain and develop their skills. A member may be suspended or dropped from the program by the Racing Team Director for non-participation or for violation of Racing Program, Club, or ABL of A rules.

Section 9. Decisions of the Racing Team Director may be appealed to the Executive Committee.

### Article IV - Add

Section 4. Only those members participating in the Racing Team Program shall be eligible for direct, individual benefits of sponsorship.