

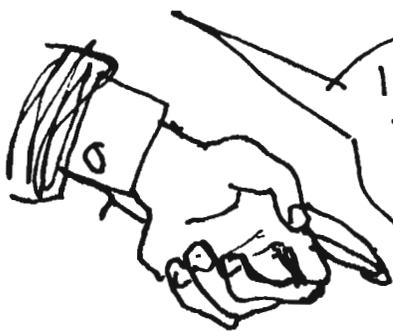
the bike rag.

skydog graphics.

Official organ of the UVA bike club + Dominion Cyclesport. March-April 1974

Well, folks, here it is Spring again and time to pull the cycle out of winter storage (but we never had winter!) and start pedalling hard again. If you're looking for some good company, check out some of the club rides below. We've got everything from easy twenty mile jaunts with hot dogs and swimming to beat-the-clock time trials. So come on out for whatever you think you can handle. Don't let the distances scare you, if you can't handle it you can always turn around and it never hurts to try. For those who are beyond the "I dunno if I can do it" stage come on out for the easy stuff anyway; a ride is only as good as the best people on it. So break out your cycle and. . .

this month's events



I don't care what your mother sez get out on a ride that thing!

Saturday 8:30 am Time Trials. Drag
March 23 yourself out of bed and come race the clock.

11:00 am Mystery ride. Bring 10¢ and meet at Memorial Gym for a 40 miler.

Sunday 1:00 pm Only \$1 for a 25
March 24 mile ride and all the hot dogs you can eat at Chris Green Lake! Mem. Gym.

Saturday 8:30 am Time Trials Again. Come better your time. Meet at Ivy Square.
March 30 11:00 am Gay Mountain Circle. A really nice ride around a local mountain. Meet at Mem Gym and bring a dime. 30 miles. leader-Becky Vaughan.

Sunday 1:00 pm Old Lynchburg Road. The hilly 20- mile old faithful. Meet at
March 31 Mem Gym, bring 10 cents and give it to leader Rick Bocock.

Friday 8:00 pm Moonlight Meander. Bring a light for a full-moon cruise on the
April 5 Skyline Drive. Meet at Ivy Square.

Saturday 8:30 am Time Trials Again Again. Ivy Square. If nobody wants to time
April 6 trial, its still a great time of day for riding!
11:00 am Crozet-Batesville Loop. Have a Coke on the front steps at Page's Store. 10¢ Mem Gym leader-Robin Miller. 45 miles.

Sunday 1:00 pm Monticello- Michie Tavern. A beautiful ride and a great lunch. !
April 7 Bring a student ID to get into Monticello cheap. \$3.50
Mem. Gym. Leader- Jon Golden. 20 miles.

Saturday 8:30 am More Time Trials. Ivy Square.
April 13 11:00 am Boonesville Loop. A 40 mile ride to another of Central Virginia's thriving metropolises. Mem Gym 10¢ leader Neal Gropen.

Sunday 1:00 am Easter Egg Special. 17 miles of the Rivanna Reservoir Loop and
April 14 jellybeans. 10¢ Mem Gym.

Saturday 9:00 am Happy Day Races. Senior, Women's and Junior Divisions with
April 20 prizes donated by local bike shops.
Check the bike shops for details.
Better than ever before!

11:00 am Scottsville ride. A fifty-miler South of C-ville. 10¢ leader-
Marc Plourde on the one-of-a-kind "M.Plourde" bicycle!

Sunday 1:00 pm Lake Albemarle Picnic. A repeat of last fall's rollicking event!
April 21 Bring a dollar for a veritable feast. Mem Gym Leader-Bill Gray

Saturday 8:30 am And Even More Time Trials. Ivy Square. You should be going
April 27 pretty fast by now. . .

11:00 am Proffit and Loss. Give the club 10¢ and we'll show you a great
Proffit. 30(?) miles.



1.

more →

more rides...

P 2

Sunday April 28 1:00 pm Ivy Depot. Another great 30-miler. 10¢ Mem Gym Leader-Robin Miller

Friday May 3 8:00 pm Moonlight Meander. The Skyline Drive by full moon. Bring a light to Ivy Square.

Saturday May 4 8:30 am TT's Again. You should know every dog along the course by name by now, but if you don't even know where the course is, you're not behind. since you only race yourself, so come out anyway.

Sunday May 5 1:00 pm Farmington Loop. The other old favorite. 17 miles. 10¢ Mem Gym.

Sat.-Sun. May 11-12 TOSRV-- see Malou Hammond for registration forms. More details later on transportation, etc. About \$18.50 plus gas.

As you may have noticed, we're a little short on ride leaders. It doesn't involve much--just carry the first aid kit and keep things reasonably organized and know the route--so if you'd like to lead a ride, please call Robin Miller at 295-8026.

a story: "how i spent my vacation" or "150 miles through the mountains" by Robin Miller

The trip started eventfully. Arriving in Staunton to meet the others who caught the train in Charlottesville, I walked into the train station only to find that the train had already arrived. After a heated discussion with the ticket agent ("I don't want to load no bicycle tonight!"), during which Neal Gropen and Bill Gray made an illegal debarkation from the train leaving the conductor wringing his hands and moaning softly to himself) to carry my bike onto the train, I was allowed to board. Amid many poor jokes and worse puns, the train headed west. Much to the relief of the conductor, we all unloaded 90 miles later at White Sulphur Springs, W. Va. at 11:30 pm. We were plagued by only a few mechanical difficulties but by many more of those poor puns along the rest of the trip.

After digging out the old leg lights, we headed for a mad downhill rush along pitch-black West Virginia highways until, five miles and one tunnel later, we reached the Greenbriar State Forest, where we camped by the swimming pool. No one took a dip, however.

The next morning, a warm breakfast of Instant Oatmeal, hardboiled eggs and Swiss Miss (the standard breakfast) woke up us for the trip. A small mountain several miles later woke up those that the breakfast didn't. We rolled rapidly back into Virginia (in West Virginia the roads go around hills, not over them), through Crows and Callaghan. After about thirty miles, we stopped for lunch by a small, but good for soaking hot feet in, stream. Unfortunately, an odor emanating from a nearby paper mill ruined some people's meal.

We continued. We passed through Hot Springs, famous for, you guessed it, its hot springs, where Marc Plourde made the startling discovery that adjusting toe clip straps and crossing railroad tracks are feats which cannot be accomplished simultaneously. Fortunately, we were right in front of a hospital at the time. Unfortunately, we didn't know it was a hospital until twenty miles later. Fortunately, all that was really needed was a Band-Aid, which we had plenty of.

We continued, finally reaching the Peaceful River Campground after a sixty five mile day. The owner was kind enough to loan us a sleeping bag, as we had six people and only five bags, since the Grope, after loaning all of his equipment to Marc, decided at the last minute that he was coming, too.

After a rib-sticking breakfast of Cream of Wheat without milk or sugar, we headed for the road again. Several miles later we started through the Goshen Valley (Land O' Goshen!) and then on through the thriving metropolises of Brownsburg, where the picture of ex-Tech-B-Ball Captain Native Son, framed on the general store wall, Raphine, and Vesuvius. Then came a very, very, very steep climb up Montebello Mountain to the Blue Ridge Parkway and no place to sleep. Finally we decided that the side of the road was as good a place as any, since the Parkway was temporarily closed to cars, and we spent a Night On Bald Mountain.

We decided that early would be the best time to roll back into O'ville, so we got up before dawn for the last downhill roll. Having attacked Howard Johnsons at Afton 20 miles later for a second breakfast, I headed North for the Skyline Drive and home, while the rest of the group headed straight down Afton Mountain and rolled into town in time for lunch.

Was the trip successful? Well, the weather wa beautiful, as was the countryside, and we all had a grand time, but in the end, maybe nobody knows.

Robin

4-
sale

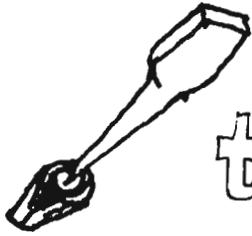
WHEELS---Campagnolo Nuovo Tipo high, flange hubs, laced 3-cross with db spokes to AVA Blue Label tubular rims, 5 months old, \$45.
Call Bill Harbaugh at 293-2432.

MOTO-----Motobecane Grand Jubilee, 21", Zeus pedals, Excellent condition,
Call Gary Hoffman at 296-0969.

SCHWINN-10-speed and LAMBERT 15-speed. call 804-672-4851. Great condition and prices.

JERSEYS AND SHORTS--Custom made, cotton, polyester, acetate, wool (but not much wool) lotsa colors, solid or stripe. Call Kathi Crair at 296-1367. Shorts-\$7-12. Jerseys-\$10-20.

P.3



the screwdriver



Hello out there all you Screwdriver fans! This month, the Flathead (screwdriver of course) has decided to take the logical approach and move on from the ground up. Yes, all my little roll-a-bouts, tires. Or as they say in fair Virginia, tars. Now as we must all remember tires do hold us up off the ground, some with more style than others. But the fact remains, it is one of the least confusing parts of your bicycle (until it goes flat). There are only two types of tires to discuss--flat and unflat. No, not really. Clinchers and tubulars. Clinchers are the kind you used to patch as a kid, or the kind that sends you to the bike shop for an inner-tube. The tire itself is expanded by the inflation of the tube, and the wired edge of the tire is pressed to the inside of the rim. This sore of tire is proper for utilitarian use, transportation, trouble-free touring, dirt roads, etc. But one must be willing to turn to these heavier wheels for all these advantages. Weight conscious? Fausto Coppi the incredible road racer of the fifties was quoted as saying "an ounce on the wheels is worth a pound on the frame." How true Fausto! Materials needed for clinchers? Tire irons for prying the tire from the rim, and of course, the patch kit.

Well, if Fausto felt that way about it, what was his answer? Tubulars! Yea tubulars! The tire for the Enthusiast. This tire holding up to 120 pounds of pressure (as opposed to the 70 or 80 pounds MAX with clinchers) sends you down the road with much less rolling resistance, and with a lot less weight Fausto! The construction is of lighter canvas made of cotton or silk and the canvas and the canvas actually encloses the tube and is sewn at the base with rubber vulcanized on the top to ride on. They are easily carried under the saddle and can be changed in five minutes. And that's truly getting back on the road! Materials needed? A pump and an occasional tube of glue to stick 'em on with.

Next month: spokes and wheels.



3.

miscellaneous

WEEKEND TRIPS-- We're tentatively planning a weekend camping trip for March 30-31 of about 100 miles. We have panniers and tents available to UVA Club members, so don't let lack of equipment stop you. Destination--?? Where would you like to go? If you're interested, call Kathi Craig at 296-1367.

RABA- The Richmond Area Bicycling Association is sponsoring the 5th Annual Bicycle Tour of the Colonial Parkway on April 21, beginning at the Yorktown Battlefield Visitor Center at 9:30 am and riding 50 miles to Jamestown and back. If you're interested, see the folder on the Bicycle Express bulletin board for details.

SUMMERTIME--Yaz folks, we will be riding this summer. If you're going to be here and would like to get newsletters, or would like newsletters mailed to you elsewhere, please give us your summer address. Mail it to UVA-Dominion Cycle Sport, 505 16th St. NW, Apt. 3, C'ville, 22903 or drop it off at the Blue wheel or Bicycle Express.



rip off here...

NAME _____ OLD ADDRESS _____
SUMMER ADDRESS _____
SUMMER PHONE _____

* Newbury to 11th St
* 7:30 Room 1 Perkybody Hall
* 11:00

Tom Schoch
217 Humphreys
UVA