



# National Capital Velo Club

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D. C. 20044

## JUNE 1974 NEWSLETTER

### PRESIDENT

Paul Lenz  
5509 Alderbrook Ct.  
Rockville, Md. 20851  
881-3078

### VICE-PRESIDENT

Stephan Dolezalek  
1812 Drury Lane  
Alexandria, Va. 22307  
765-3771

### ROAD CAPTAIN

Blake Powell  
3201 Hewitt Ave. 203  
Wheaton, Md. 20906  
460-3226

### SECRETARY

Roger 'Cal' Lowell  
7879 Patriot Dr.  
Annandale, Va. 22003  
941-6275

### TREASURER

Al Dubbe  
6108 Woodmont Rd.  
Alexandria, Va. 22307  
765-4395

MONTHLY MEETING - The next club meeting will be held Monday, June 10 at Park Service Headquarters, 1100 Ohio Drive, at 7:30 PM. This will be a very interesting and important meeting and all members are urged to attend. First on the agenda will be films and/or slides of the National Capital Open, followed by an informative talk by Dr. Sam Sawmiller an orthopedist who specializes in treatment of the knees. The last item for attention will be discussion and vote on the proposal by the Executive Committee concerning helmets. There will also be discussion, if time permits, of the Old Dominion Road Race and the State and National Championships.

### RECENT RACE RESULTS:

#### Rock Creek Park Series

<u>Class A</u>		<u>Pts.</u>	<u>Class B</u>		<u>Pts.</u>
1.	B. Fisher	27	1.	M. Hickey	19
2.	C. Fredericksen	22	2.	G. Orloff	16
3.	D. Giese	21	3.	J. Kabriel	15
4.	J. Collins	20	4.	D. Jacknin	10
5.	B. Powell	6	5.	G. Gingell	8
6.	T. Cagle	5	6.	D. Rosenblatt	7
	S. Dolezalek	5		N. Carey	7
8.	J. Hargett	3	8.	L. Black	6
9.	G. Smith	2	9.	J. Hobbs	5
	S. Rashid	2	10.	R. Guichard	4
	J. Kaiser	2			
	P. Crowley	2			

#### King of the Hill

Fisher - Fredericksen 4

#### King of the Hill

Black - Carey - Orloff 2

#### Class C

1.	J. Jacobi	28
2.	J. Sager	12
	R. Wahby	
	E. Stalder	
5.	G. Hall	10
6.	A. Moore	8
7.	M. Stanziano	7
8.	B. Famiglietti	5
9.	P. Klinkon	4
	R. Cahn	

#### King of the Hill

Jacobi 4

#### Midgets

1.	M. Dubbe	30
2.	D. Kay	21
3.	C. Cagle	14
4.	G. Collins	13
5.	B. Wagner	3

## Rock Creek Park Series (contd)

<u>Novice</u>	<u>Pts.</u>
1. Steve Waggman	18
2. P. White, Jr.	18
3. John Mould	15
4. James Sager	14
5. Gus Ferrario	8
6. Larry Greene	7
7. Everett A. Van Ran	6
8. Charles Rollins	5
9. James L. March, Jr.	3
Bruce McFarland	3

## Other Race Results

### Ross Cup Race, Allentown, Pa.

Senior: 11. B. Fisher	Junior: 2. J. Kaiser
13. G. Cagle	3. C. Fredericksen
16. S. Dolezalek	

### Maryland Road Classic, Columbia, Md.

Women: 1. M. Reoch	Junior: 1. S. Dolezalek	Senior I: 4. E. Dubbe
2. B. Miles	2. C. Fredericksen	Senior 3: 4. D. Giese
3. D. Tobias	4. J. Kaiser	5. L. Inchai
5. E. Dorsey		6. J. Collins
7. J. Wood		10. Allan Slaughter

A small but successful group of peripatetic riders has been consistently finishing in the top places in races up and down the East coast. A perfunctory glance at the results pages of Cyclenews tells the story. Dubbe, Dolezalek, Fredericksen and Gary Smith are placing in events which, if we listed them all would add at least another page to this newsletter. Lionel Space has been doing the same and getting good press coverage in the Rocky Mountain area. Recognition is also due to Danny Rosenblatt and Gentry Gingell who finished 3rd and 5th respectively in the Pepsi-Cola Road Race in Danville, Va.

From The Road Captain: Your Road Captain is still involved with final exams and therefore has no bulletin this month. We hope to resume the Road Captain's Report in next month's newsletter. Meanwhile, Editor suggests you re-read previous bulletins to refresh your memory.

From The Executive Committee - The transportation program is not working out as well as it was hoped it would. Or, to look at it another way, it is working out as badly as it was feared it might. Therefore, in an effort to help our Transportation Chairman retain some semblance of sanity, the procedures for finding rides to out of town races will be as follows:

1. If you are going to be driving to a race, please let Roger Sitterly know, even if you have a full car. If you are driving to a race and can give a ride to one or more riders, let Roger know.
2. If you want to go to an out of town race, get on the telephone to your friends, parents, relatives, anyone who might possibly drive you there. By now you know who goes to races, call each of them.
3. If all else fails and you have not been able to come up with a ride, call Roger and ask if anyone has notified him of a vacancy. If he has been told of one, he will tell you; if he knows of none, he will tell you he knows of none. HE WILL NOT SPEND ANY TIME ON THE PHONE TRYING TO COME UP WITH RIDES FOR INDIVIDUALS. If there are no vacancies, and you can't get your own ride, you may have to pass up that particular

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With the departure from the area of Cal Lowell, the post of secretary is still vacant. Carol Jackson has agreed to fill in as acting secretary until a permanent secretary is found. In no case can she serve longer than Sept. 1. Carol's address is:

4700 Argyle Ave.  
Garrett Park, Md. 20766  
942-5836

NCVC Jerseys - All members are reminded that they must wear a club jersey at all ABL of A open races. If you do not own one, or need another one, they are available from the membership chairman, Milt Sager and at the following stores:

The Bicycle Place	-	Silver Spring, Md.
Georgetown Cycle Sport	-	Georgetown & Bethesda

Club Coach - Franklin Placares, the coach has a new phone number. Please make note of it as it is an unlisted number and cannot be obtained through Information. 671-0560. Several riders who have been training under him have not been paying him. Bring your money to the next training ride OR ELSE!

Old Dominion Road Race - This is a Regional Olympic Development Event, held at the Quantico Marine Base, June 9. Entries are enclosed. As usual, much help is needed to put on a race of this type. We need volunteers to act as road guards, judges, and drivers of pace cars and support vehicles. We also need volunteer vehicles. If you can be counted on to act in any of these slots, call Hank Whitney or Paul Lenz today. (If you are a volunteering vehicle, have your owner call for you).

HELMETS - At its May 21, 1974 meeting, the Executive Committee considered the issue of helmets at some length, and passed the enclosed resolution. Because of the importance of this issue, the Executive Committee has established a procedure to insure that the members (and their parents, if the members are under 21) read and consider the resolution.

EACH MEMBER MUST COMPLETE THE CERTIFICATION AND RETURN IT TO  
MILT SAGER BY JUNE 10, 1974.

This is the date of the June meeting and certifications may be turned in at the meeting. This resolution and the general issue will be discussed for further action at the June meeting.

RESOLUTION OF THE NCVC EXECUTIVE COMMITTEE

The Executive Committee has noted the frequency and severity of impact of head injuries which have occurred in ABL of A races, and has concluded that the traditional bicycle racing helmet offers inadequate protection against these head injuries. Several alternative types of helmets exist and are in use by some NCVC and other ABL of A racers. Hockey helmets are most commonly used, although helmets designed specifically for bicycling are beginning to be marketed and used. All of these helmets share the characteristics of a hard plastic outer shell and an inner shock absorbing structure. The Executive Committee has available many accident reports in which the rider reported avoiding or minimizing a head injury because he or she was wearing a hard helmet.

It is therefore resolved by the Executive Committee that all NCVC members are urged to wear hard helmets whenever riding a bicycle. Of particular importance is to wear a hard helmet during actual races and during high speed training such as motor pacing.

At the present time there are no definitive standards for hard bicycle racing helmets. However, all of the hard helmets presently in use by NCVC members are more effective than the traditional type helmet. The Executive Committee will continue to study the issue and will make reports to the membership as definitive information becomes available.

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CERTIFICATION:

I have read and understand the above resolution regarding bicycle helmets.

Member's Signature \_\_\_\_\_

Parent (If Member Under 21) \_\_\_\_\_