National Capital Velo Club, Inc.

FEB. 1976



NEWSLETTER 940 25th St. N.W. WASHINGTON D.C. 20037

FEBRUARY MEMBERSHIP MEETING will be held Monday, February 9, 1976 at Park Service Headquarters in East Potomac Park. The meeting will begin promptly at 7:58 PM and will end no later than 9:30 PM. Major business before the club includes the time trial series, the Rock Creek series for either spring or summer, the National Capital Open date and location, and other unsettled things.

HELP!

Every year we seem to run into the same problems of getting people to help put on races and keep the club operating. This year will be a bit different. If the help isn't forthcoming, the event won't take place. Let's be clear about this: if we don't know who the roadguards are at least one week in advance, the race is canceled. As simple as that. So think ahead this year. And don't assume that riding races makes you immune to helping put them on. Everybody wents to ride but noone will unless somehody secrifices.

Everybody wants to ride, but noone will unless somebody sacrifices.

That brings us to the question of where help will be needed. Surprise!

Volunteers are already being accepted for all kinds of duty. Every Sunday in February, we'll need timers, pickers, roadguards, and course sweepers for the IBM Restricted Gear Series. All volunteers should call Charlie Frederiksen at 654-5594 NOW! Beginning March 14, and for the following four or five Sundays, we'll need roadguards, holders, and assorted other help for the Time Trial Series. Volunteers should call Barbara Miles at 338-7180.

Then there's that biggie, the National Capital Open. The NCO is a particularly big job, and requires many man-hours of preparation. Tentatively set for April 28 (subject to change), the NCO is the responsibility again of Pete Stevens, 299-4893. Help is needed in soliciting advertizements for the program; mailing letters; printing information sheets, entry blanks, the program; typing; running errands we never remember untill the last minute (such as finding safety pins); publicity and race follow-up with the local news media and Velo-News; recruiting prime awards; organizing team support; and of course road-guarding, course sweeping, registration and all that good stuff. To help with race day officiating, call Peter Stevens, 299-4893.

To help with team support (wheel-holding, etc.) call Dan Wagner, 530-9011. Publicity, call Ned Carey, 948-1968 or John Prehn, 280-4486.
Program ad solititing, typing (desparately needed!), layout, copy writing and editing, call Barbara Miles, 338-7180. Keep in mind that the NCO provides NCVC with a huge chunk of its operating funds for the year. Without the NCO, there would be no Rock Creek. That's how it is.

Finally, there are all those little things that would be major headaches if no one helped. Like this Newsletter. The editor in particular doesn't have the time to cover every race, or call every rider to get race results. If you have a story, letter to the editor, race result, classified, photo, or anything else, don't keep it to yourself! All photography should go to Peter Stevens, Jr. 299-4893. All copy should go to Barbara Miles, 338-7180. Deadline for photos is the 15th of the month, copy except race results the 20th of the month, race results - just as fast as possible.

So that's it. Don't say you wanted to help but didn't know what you could do. You read it here.

could do. You read it here.



FEBRUARY ACTIVITIES

- IBM RESTRICTED GEAR SERIES NCVC Club race series, open to all NCVC members or associates. Every Sunday in February, at the IBM building in Bethesda, one block north of Democracy Blvd-Old Georgetown Road intersection. Start-Finish is in front of 1 SUNDAY Walter Johnson High School. Course: mostly flat, 3 turns, 1.2 miles per lap. Registration 10 AM, first race 11 AM. Fee \$2.00 (\$1 refundable number deposit). Class A 12 miles, Class B 8.4 miles, Class C 6 miles, Class D 2.4 miles (novice, non-USCF). Gear restriction 76" for all classes. Info: Fred 654-5594.
- AFTERTHERACE CONDITIONING/TRAINING RIDE Every Sunday in February, leaving from Georgetown Cycle Sport II. Distance and route will SUNDAY vary, pace will pick up as weather improves. Contact Larry Black 530-9011.
 - SPEED SKATING. SPEED SKATING. Training sessions for anyone interested at Wheaton Regional Park Ice Rink from 9 to 11 PM through March. 1 SUNDAY \$1.50 per session. Contact Don Giese, 441-2020.
- WEDNESDAYS

 CARAVAN SPEEDSKATING RACES

 Every Wednesday through Markh.

 Wheaton Regional Park Ice Rink; 16 lap per mile track; 7:15 PM

 to 7:45 PM. Class A and B 440, 880; 5 places, \$3.25. Class

 C and D 330, 660; 5 places, \$3.25. Sponsored by Caravan Surf,

 Skate 'n Cycle. Information: Don Giese, 441-2020.
- WEDNESDAYS LEAGUE VOLLEYBALL 3 game match, Laurel MD. For details on practice sessions and matches, contact Gordon Mallick, 558-9167 or Al Hart, 725-8490.
- .7 SATURDAY PICK-UP RIDE, PPTC AX. Once again Potomac Pedalers fill the bill. If interested in a 30 to 80 mile ride over who knows what terrain, call Al Hart, 725-8490 on Friday night (Feb 6). Details of ride will be decided as soon as the weather is known.
 - 9 MONDAY NCVC February MEMBERSHIP Meeting. At 7:58 PM, details on page 1.
- 14 SATURDAY PICK-UP RIDE, PPTC AX. See 7 Saturday above.: For details, including starting tim and meeting place, call Vic Stotland, 528-1670
- POOLESVILLE, PPTC AX. Meet at the Highs store in Poolesville at 15 SUNDAY 9:30 AM for a 50 to 70 mile ride. Lunch in Frederick (maybe). Dir: Rt 280 to Rt 28 west, to rt 107 into Poolesville and High's on right. Call ahead if you plan to come. Jerry Collins 493-6214.
- PICK-UP RIDE, PPTC AX. See 7 Saturdathe hands of Harold Davitt, 333-0017. 28 SATURDAY See 7 Saturday above. This one is in

DUES 1?!?!?!?!

If your dues aren't in, you're late! The \$5. late charge or reinstatement fee is now in effect. If we still have not heard from you by February 15, you will be dismembered and will not receive the March Newsletter. So get with it, already, yet.

The new club constitution is ready and will be available at the February membership meeting. Copies will not be mailed out as in the past unless a return address, stamped envelope is provided.

TEAM NOTICE

All team equipment is being called in immediately. All bikes, tires, wheels, warm-ups, everything must be checked in at Georgetown Cycle Sport II (Wildwood) no later than Feb 5. Anyone with team equipment who has not checked in by that date will be billed There is a possibility that G'town II will open to take equipment after the Sunday races, but you should call ahead to insure this.

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- ROAD CAPTAIN: Charlie Frederiksen 654-5594
- SENIOR RIDER REP: Alan Rashid 229-0346
 JUNIOR RIDER REP: Philip Klinkon 530-8151
- WOMEN'S RIDER REP: Alison Cohen 229-3633
- MEMBERSHIP SECRETARY: Gordon Malick 558-9167
- TEAM DIRECTOR: Danny Wagner 530-9011 b ntphonenumbersimportantphonenumbersimportantphonenumbersimportantphonenumbers

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letters to the editor

(Editor's note: the following is an excerpt from a letter sent by Donna Tobias in South Carolina. In the past years, the Tobiases have been associate members of the club and regular participants in NCVC races. Last year, Donna and Al moved to Spartansburg where they found themselves without a racing club, and without team support. Donna is a former National Champion, and member of several world teams. Last year she placed 12th in the Nationals Road Race, and 8th in the Time Trials. She will be a welcome addition to our Women's team.)

Dear Newsletter

On December 13, NCVC held its annual banquet for feeding the face, meeting fugitive members, etc. One of the features was the presentation of awards. As the program proceeded, it occurred to me that I have an award to present. Be glad no gaudy trophy goes with it.

The single club that has given me more specific material help than any other - even to letting me blow out a team tire - and at least as much companionship and support as any other is NCVC. I, therefore, award this glorious club myself for the next year, and perhaps, I hope, longer.

Donna Tobias

The following entry form and release has been approved by the Chairman, **8C** Board of Control, and is suggested for use when a rider has no entry blank for a specific race but still wants to get his name to the promoter before the post-entry deadline. It can also be used to enter races which specify "Use Standard Entry Form," and should always be accompanied by the proper fee. Clubs and individuals are welcome to photocopy or retype and mimeograph this form for the convenience of riders,

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CLASSIFIEDS...

FOR SALE: Alpine track bike, 23", Stronglight Crank set, Campy track pedals, SR seat post, #3 Cinelli saddle, Cinelli stem and TTT bars, \$250. Call Sean Dwyer, 299-4872 after 8 PM or Thursday nights at Georgetown Cycle Sport, 337-0525.

FOR SALE: Decapiteau road frame, 23", 382" wheelbase, 10.75" bottom bracket height, 6 months old, \$175.
Wheels, Mallard HF hubs, Nisi rims, Rob. spokes, 3X, new, \$45.
Wheels, Campy HF hubs, AVA rims, Rob spokes, 3X, \$75.
Call Paul Lenz, 591-3881.

FOR SALE: Campy groupo (inc. brakes), \$275.
Ron Cooper road frame, silver, 22½", with headset, \$200.
Call Charles Lima, 243-9557.

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