



National Capital Velo Club, Inc.

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D.C. 20044



NCVC NEWS & cetera

Georgetown Cycle Sport

April, 1977

a Journal of Bicycle Racing around the Nation's Capital

NCVC STRONG IN SEASON OPENER

NCVC put together quite a show in Greenville, North Carolina at the first annual Miller High Life Greenville Bicycle Classic, March 27, 1977. At the first open race of the season for those riders bound to stay home and weather the winter "up North," this was a chance to "try out your legs," according to the announcer. And a good number of NCVC riders found that their legs were ready to go. (Hot to trot?)

The balmy spring day with abundant sunshine and a short, 1 km course with wide corners (downhill, mostly) and little wind made for fast, exciting racing full of surprises and a lot of rolled tires. The local WRQR DJ encouraged people to come and bring their dogs, but the small crowd and dogs were well behaved, gave money for primes, and drank a lot of beer. The banquet following was mostly a beer-blast (a lot of beer and a little food), but then, what would one expect of a Miller High Life Classic?

In the feature event of the day, Rick Barnett learned to sprint, and won several primes as well as the field sprint for third place. Bobby Philips won, on a lone breakaway (I told you there were surprises), and JimBob Bradford copped second, escaping the pack in the final two laps.

Things had looked better earlier. Junior Bruce McFarland went with an early break with Bill Humphries and fellow Hearts teammate, and Dicky Dunn. That gap was bridged by a chase group including three more NCVC riders (JimBob, Rick Barnett, and Ned Carey), as well as Philips and others. Said Ned, "I thought we had it made..." So there was some infighting, some prime sprints, and the break got caught.

From 25 to go, a whole series of breakaway efforts failed until the two-to-go escape of Philips and then Bradford. Newly-upgraded Kelly (from III& finished 7th, in the bunch. Against a strong field and despite some mistakes, NCVC once again showed itself a force to be reckoned with, even with many of its stars missing.

Junior Chris Cressy placed third in the 40 km race, behind Paul Perlman (Hearts-Almond Bros./Clean Machine) and Ronnie the Rocket Hinson of Raleigh, N.C. It was a single-handed feat, since Juniors Bruce McFarland and Ray Barbehann arrived too late

for the junior race. I already told you about McFarland; the undaunted Barbehann won the Senior 3 race, while his teammate Kevin Lee made a remarkable finish for 7th place after rolling a rear tire in the last corner. He not only held it up, but also kept his act together and sprinted on the rim. Lee and Barbehann split the primes, and looked good for first and second before the last corner - Lee sitting on Barbehann - C'est ça.

Margy Saunders won the unadvertised special, the Women's race, pretty decisively. Too bad we don't get more Women riders and bigger, more competitive fields.

Through all the classes, a small but talented army from NCVC showed their potential. While many are still asking what the team is going to do without Ian, I think we're seeing it. Greenville, N.C. saw quite a show of force by a club with many of its stars missing.



Wouldn't it be nice to have a photo from Greenville, N.C. here?

The Vice Presidential Messages.....

SPONSORSHIP

This year GEORGETOWN CYCLE SPORT will be the official sponsor of the club. Dan Wagner, ex-directeur sportif and proprietor of Georgetown announced that he will again help support NCVC to the tune of \$500 - \$3000 cash to start with. Additional support, says Dan, is on the way from across the sea, in the form of \$2000 in racing tires, something we could all use more of.

JERSEYS

Official Club Jerseys are also on the way. The prices will be somewhat lower than last year. The road jerseys will be an acrylic synthetic very similar to wool, and we will get some in wool as soon as the supply of wool gets better later in the year. The sales will be handled through the Georgetown Shop in Bethesda. If you order right away and reserve your jersey before they arrive, you can save some money. Contact Danny at 530-9011 for information.

UPCOMING RACES - ALEXANDRIA, KENSINGTON, AND HIGH SCHOOL OPEN

ALEXANDRIA HOUSE CRITERIUM - Sat April 23. Classes: Senior III, IV, INT, VET, The Alexandria House Condominium is going to include an NCVC-Sponsored open Race as part of one of the most Gala Grand openings in the history of any buildings. The breathtaking 23-story high-rise complex and outdoor park will be the center point of this exciting complement to the NC Open. Make plans now to attend and bring your families for a whole day of activities. Prizes, including primes, total over \$1,300 for these 3 classes
The Town of Kensington, Md. Would like to promote a race through its streets in May. A course is being selected at this time. This will probably be a club race, possibly a part of the May IBM Series. Details will come later. The sixth annual Montgomery County High School Criterium will be held on Sunday, May 1, 1977 at the famous IBM Course. Georgetown Cycle and the Montgomery County Dept of Recreation will sponsor the race, open to all high school students in the metropolitan area, licensed or not. There will also be a junior high class. A school may select a team of up to four riders to gain team points. The school with the most points gets a plaque and the individual winners get medals. Other prizes are also awarded. The categories are 1. Mont. Co. Sr. High 2. Mont. Co. Jr. High 3. Private Schools

Bulletin !!!!! Our boys down South are training long miles in the Florida Sun and Blair Slaughter assures me that his brothers are limiting their beachcombing to sunrise hours only. In the St. Petersburg race March 27, Al got 11th and Ed Eldorado Slaughter fell in the sprint trying to set up Al for first. Paul Pearson came in behind Al for 12th. Laurie Wigell surprised everyone when she got 3d in that womens' race. She is now the top money winner in the club with a fat \$45. purse in that race. When asked why she only got third she said, " I had only been down here two days, and with all the shopping, swimming, and.....well, you know!"

They are out there....

Warm weather is upon us, gas prices are up, and oddly enough there are more cars on the road than ever. Linda Dockendorf was struck head-on by a car a few weeks ago and suffered great pains and three days in the hospital with a fracture and a sprain. Gail Fetterman also did the same last week, head-on by a car. Two totaled bikes, stitches, sprains, and pains. Please exercise caution, especially when training during this season when spring fever is at its peak. Make yourself seen and ride defensively. Days are getting longer, but remember twilight is the most dangerous visibility-wise.

Take it easy, *Larry Black*

Staff Openings.....

Positions in both Circulation and Photography. Experience helpful. Apply in person or by phone to Margy Saunders (338-8028; 547-7369; or work338-1700). Or any of the club officers. Competence preferred.

NCVC NEWS Etc. EOE

from the big wheel

FLORIDA, TT, NCO, and BARBARA

NCVC racked up its first victory in sunny Florida when first year Senior Fast Eddie Slaughter won the AMERICAN CANCER CRITERIUM. The race is on to replace the General (Ian Jackson) as leader of the pack and believe me, Fast Eddie is capable. I'm sure you have your pick, so it should be interesting to see who will become the new general.

Once again the rain cheated us out of a decent Time Trial Series, and as of the third week the fastest times were posted by Rick THE MACHINE Barnett 23:45, JIMBO Bradford 24:40, Chris Cressy and Dana Castro 24:43. Take note of these last two names: Dana Castro is a newcomer to the club from New York, carries a Cat II license and a smooth spin. Chris Cressy is probably our best junior.

Don't forget the Spring Rock Creek Series. It begins Sunday, April 3, and in order for this to be a success we need the usual (I promised Larry not to use the word you know, the one that begins with a V and ends with an R...) to help out safeguarding the riders at intersections, commonly referred to as ROAD GUARDS. Any rider who can supply a Road Guard for the entire series will be allowed to ride for only the cost of the international travel fund (\$.25) and a refundable number deposit. Suggestions are welcome as to how we can solve this problem, and for a start I'm looking for names and phone numbers of people willing to help out. I hope you midget riders are gearing up for the Rock Creek Series; there are three medals at stake.

Team Mechanic Volunteers Services To Racers

Now available to NCVC members are the services of a licensed USCF mechanic. Reno Rashid is a professional mechanic of five years experience, and has ridden in competition for the past four years. He maintains his own machine, and has had only one mechanical failure since he began racing in 1973.

Riders will be entitled to a pre-race check during the week to include: cleaning, lubrication, gear and brake adjustment, bearing adjustment, frame alignment check and straightening, general lightness of fittings and components. Reno will also be available at races to take care of last minute problems that might arise. An attempt will be made to coordinate the handing out of spare wheels and bikes.

For more information call Bethesda Cycles (951-0053) or Reno at home (229-0346). These services are for members actively engaged in competition. All labor is free of charge and parts are the rider's responsibility and expense.

Anyone interested in becoming an assistant mechanic should call Reno. Prospective assistant should have some type of shop experience, and should not be Cat I or II Seniors.

Remember, this service is to your advantage, so take advantage of it.

Our biggest race of the year, the National Capital Open, on the Ellipse April 17, will be sponsored this year by Mel Pinto Imports. There will be races for Seniors I&II, Women, and Juniors, and all our members not competing, and friends of riders can call 588-4571 and sign up to be road marshalls. It will be much appreciated, and eliminate one headache of many involved in the promoting of a major race. If you can help out at Rock Creek you can also call that number... We also need members to man a booth at the Ellipse the Friday and Saturday before the NCO, as part of Bike Week, which will climax with the races on Sunday.

The club's first General Membership Meeting was not exactly a roaring success. The meeting was attended by 19 out of 120 club members, most of whom I refer to as the regulars. These meetings are important to new members and novice riders who are hungry to listen and learn and exchange their views on racing and the club. Again, I invite suggestions as to how we can get better attendance at these meetings and how often we really need them.

I'm sort of shocked and sorry to announce the retirement this year of one of our most aggressive riders. After a 6th place in the 1976 National Time Trial and a frustrating ride in the National Road Race, Barbara Miles was told by her doctor, "Race one more year and not ride a bike for the rest of your life, or quit racing and enjoy riding." I'm sure she will be missed.

Please pass the word to last year's members: if they are not on the roster or membership cannot be confirmed by John Prehn or Paul Lenz, they will have to pay double entry as UNATTACHED RIDERS. So until next month, keep those wheels turning, and let us hear from you. Cheers!

-Mike Butler



Caravan

Surf, Skate 'n Cycle

4938 Edgewood Road, College Park, Maryland

441-2020

tt results

BARNETT MOTORS; Others Still Trying Harder

Time trials are races against the clock, and, in a series, they are races against previous efforts. Often referred to as "the race of truth," Individual time trials are a true test of strength and stamina, since riders are started and ride individually, drafting (or wheelsucking) is not allowed.

The NCVT TT series (10 mile individual TT on the George Washington Parkway) was well-attended the first and fourth weeks, with fair weather, and essentially rained out the other two weeks. These results represent the best times recorded for the series.

A Class

Rick Barnett	23:45
Charlie Frederickson	24:32
Jim Bradford	24:40
Dana Castro	24:43
Tom Ryan	24:45

Juniors

Chris Cressy	24:43
Andrew Moore	25:04
Ray Barbehann	25:08
Bruce McFarland	25:22
Tom Mobley	25:45

B Class

David Rehbean	26:15
Andy Dobrowski	26:30
Pete Swann	26:34

Vets

Jerry Nugent	26:06
Edgar Brown	27:26
Richard Monroe	28:20

C Class

David Rost	31:04
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Women

Margy Saunders	27:35*
Marie Morris	27:36*
Laurie Wigell	29:37

*A note on the Women: they actually started as a 3-person team. Margy and Marie finished together. Marie rode a fixed 75 in. gear.

A Day in Central Park (or two) with Dana Castro...

While recently visiting his home-state, Dana Castro had occasion to ride several races in and around New York City: Two in Central Park and one on Long Island, to be exact. And the results turned out to be somewhat debatable (Ask Dana), but it can be accurately said that he did well.

In the first, Dana lost a hotly contested sprint for ~~first~~ place, having put over four minutes on the pack with the two-man break. The following week in Central park he made the break, but, not feeling as strong as sometimes, had to settle for fifth in the sprint.

Following one of these Sunday races in the Park, Dana piled back into the car and headed for Long Island, in a desparate attempt to cram more racing in... (Sound familiar?) Well, he missed the start by 2 minutes, and decided to ride anyway, unregistered.

Bridging the gap, he joined the pack and eventually broke away with Rich Chillingworth, who was later to win the race. The officials pulled Dana out with one-to-go, since he was officially not official. Oh well.

I still think it can be safely said that Dana made his mark, and I think we can also expect some fine performances for the future, both from Dana and Dana Castro's new club.

INTERVIEW: Rick Barnett
"How to go faster, time trials."

?What do you eat for breakfast?

RB: Brewer's Yeast.

?How do you approach a time trial?

RB: Breakfast, Clear your mind, light warm-up, Concentration on the line, and Start hard in a big gear.

?How big?

RB: 81 or 86 (early season), 90 later.

?What gears did you ride in the TT series (results above)?

RB: Going out: 53/14 & 15, Coming back: 53/13 & 14.

?Advice for aspiring time-trialists?

RB: Time trialing hurts and never pass up a last shot at the pot.

?Shall I ask another question?

RB: Don't plan to specialize in time-trialing. A strong rider will always do well, but a time trial specialist cannot hope to do well at anything else.

Yours until next time. Contributions to the Newsletter ought to be addressed to the new editor:

Margy Saunders (338,8028)
3924 W St NW #4
Washington, DC 20007

UNCLASSIFIED

For Sale 23" Colin Cape, Total Campag. \$475. also, 24" Hetchins, Campie and Jap. \$475. Steve Koppe(926-0140) evenings.

Help Wanted Experienced rider with motorcycle for motorpacing. Once or twice weekly, hours to be arranged. Expenses and small stipend. Margy Saunders 338-8028.

Classified ads are free to NCVC Members ONLY. Call me.

WOMEN WANTED! There were seven at the Omni-Sports clinic, and there are several registered with NCVC now, according to the roster. In fact, by all my calculations, we could have one of the strongest women's teams in the East, as in the past, if not by virtue of talent, then certainly by numbers. But we've got to ride together. And race together. And it all starts with club events. Laurie Wigell (Women's Rider Rep - 881-5394) will be happy to hear from you and so will I. (MS 338-8028).

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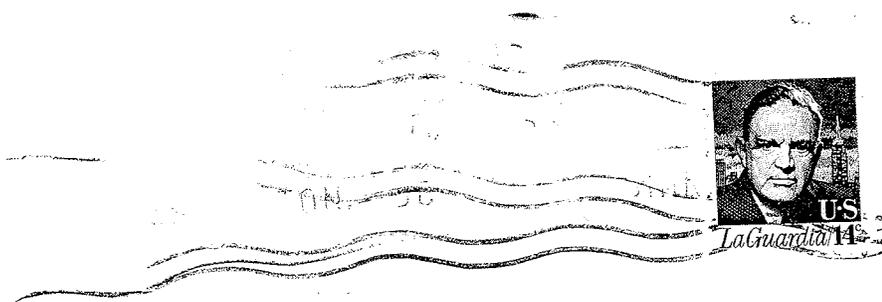
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