



# National Capital Velo Club, Inc.

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D.C. 20044



## NCVC NEWS & cetera

### Georgetown Cycle Sport

JULY 1977

A Journal of Bicycle Racing Around the Nation's Capital

## District Gold For NCVC:

### LOTS OF IT...

As predicted, NCVC did in fact dominate the Championships of the two districts it straddles. Claiming victory in every District Road Race in both MD/Del and VA/ DC save the Maryland Vets and the Virginia Women's events, the pattern was set. On the track in Maryland, NCVC dominance continued with the upset victory of NCVC's Phil Klinkon (first year Senior) over Bobby Phillips in the Sprints, and his qualifying time of 1:13.77 in the Kilo, a feat on any track, much less the Beltsville Speedway. In Virginia, NCVC Team Member Rick Barnett turned in a 55:04 for the 25-mile Individual time trial, a full three-and-a-half minutes faster than second place.

This year's addition to the racing annuals seems to be Kevin Lee, upgraded to Cat II from Cat III just this year. Kevin emerged from virtual obscurity to win the Maryland Road Race over such hopefuls as Road Sprinter Bobby Phillips, National Team Member Tom Prehn, and State Time Trial Champion Steve Lassan. Lee attributes his rising racing successes to a full season of training. Other years, he admitted, he would begin training, in earnest, in June. Not so this year, also his first year in college at U. Md (College Park). Summers he spends working at Caravan Skate, Cycle and Sport Shop. Lee considers himself more of a sprinter than a road man; at any rate, I bet we'll be seeing a whole lot more of him in Results...

Virginia Road and Time Trial Champion Rick Barnett has been enjoying a good amount of success lately. His training time limited by a full-time job, (he is an economist on The Hill) results have nonetheless been good. Lots of time spent on rollers and Short High Intensity Training seem to be the key to his success. (Plus he enjoys good team support...)

Everybody's talking about...Phil Klinkon, remarkable feat that it is, beating Phillips at his own game. Not only that, but a strong qualifying time for the Kilo. He may be another good hope for a place at the Nationals where we hadn't even considered having any.

Junior Ray Barbehenn overcame considerable competition from NCVC clubmates and others to become the 1977 MD/Del Road Champion. A varied training regime of LSD, intervals, and just about everything paid off in a race he describes as not very fast, but hard. "By the end, we had burned off all but three with attacks on the hill. Then it was a sprint!" Virginia Champion Brad Marston overcame a field of NCVC Juniors and a couple others for a lone first place finish.

Vet Jerry Nugent and Woman Margy Saunders won their respective time trials decisively, but lost on the road. Ellen Dorsey sprinted to victory on the track, and broke away on the long hill to win alone in the Maryland Road Race.

Junior Woman Laurie Wigell has been attracting a lot of attention lately, both for her rides in the IBM Club races and other wins, as well as just "how she sits the bike...she really looks like a bike rider lately," to quote a local past master. We'll be rootin' for her in Seattle, as well as other club hopefuls that make the trip. And hopefully there will be a lot to tell in the August issue of NCVC NEWS ETC.

Oh, one other thing. Travel expenses to and from the nationals will be provided in part by the club, depending upon performance and expenses incurred.

-MS

#### IBM CLUB RACE RESULTS (JUST IN)

##### A Class

1. Ed Slaughter
2. Rick Barnett
3. Paul Pearson
4. Jim Bradford
5. Al Slaughter
6. Bruce McFarl
7. Phil Klinkon
8. Ray Barbehenn
9. Larry Black
10. Kelly Taylor

##### B Class

1. Bob Litousky
2. Pepper White
3. Nils Adey
4. Alan Rashid
5. Gil Clark
6. Jim Cost(Vet)
7. Hal Mattes
8. Reeves Tayler
9. John White
10. Laurie Wigell

Final authority for upgrading in club races remains with Mike Butler. Talk to him if you have any questions.

##### C Class

1. Frank Klotz
2. Hugh Douglas
3. John Blake
4. Kurt Mayrand
5. Elmer Streeter
6. John Long
7. Richard Cavel
8. Nick Freer
9. John Saguto
10. Jim Brown

##### D Class

1. Mark Serbu
2. Jimmy Wagner
3. Bill Rook
4. Eric Holzer
5. Don Collins
6. Randy Fauver
7. Alfonfa Daza
8. Ron Brown

MINUTES FROM THE EXECUTIVE MEETING

Four matters were brought before the executive board for consideration. In a show of impartiality and fairness, the board disposed of all business with surprising swiftness, and we were all home in bed at a reasonable hour.

The Red Zinger Team, alternates and expense money have been settled. The team is Rick Barnett (team captain), Jim Bradford, Paul Pearson, and Ed Slaughter. First alternate is Roy Morris, second alternate Kevin Lee. There was considerable controversy surrounding the fourth position, for which Ned Carey had been selected originally. But, since Ned went down and broke his collar bone at IBM several weeks ago, selection of a new member was necessary.

The board voted on each of the six above named, four were ultimately chosen. Additionally, three Women will represent NCVC: Margy Saunders, Donna Tobias, and Laurie Wigell. Al Tobias will assist in managerial chores. Each of the seven team members will receive \$100 expense money, and all have agreed to return a portion of winnings to the rider fund.

Team Director Al Slaughter named new team members. The comple A Team is listed elsewhere in the newsletter. All are worthy based on recent performances at district championships and other races.

The Culpeper race will be a Junior ID Event, and will be held Labor Day Weekend. The town will put up the money and NCVC will provide technical assistance.

Charlie Fredrickson decided to become a Chesapeake Wheelman for the day at the Maryland District Road Race, by preventing Reno Rashid from getting on Steve Lassan's wheel (two hooks plus another from some other clown), and by protecting Lassan to the finish line, without contesting the sprint. Lassan finished fourth, thereby qualifying for the Nationals; Reno, also wishing to go to Seattle and race cannot, having finished ninth or so. Charlie will be sent a letter of censure, be put on probation for the rest of the year, and be denied all monetary and material benefits from the sponsors. Charlie is an idiot.

A personal note on the Red Zinger: Now that a team has been chosen, it is important that we act as a unit. The essence of a multistage race is not to act as individuals, but as a team. I believe this team can do the club and its sponsor proud. The task is enormous, so is the opportunity: five stages, consisting of two road races, two criteriums and a time trial, 300 miles in all, with the 93-mile road race including climbs of 4,000 vertical feet. But with \$34,000 for the Men and \$6000 for the Women, you can bet we'll be slugging it out. The team probably won't win, but I think we'll have some surprises for the big boys.

DC Area Track Possibilities Update

Interest is growing among area recreation officials and planners for a velodrome in the Washington Metropolitan Area. Bill Ference of the Fairfax County Park Authority is extremely interested in a Velodrome for Fairfax County, and would like all interested citizens, especially Virginians, to help gain support and express interest. Please write:

Frederick Crabtree, Chairman  
Fairfax Co. Park Authority Board  
9739 Five Oaks Rd  
Fairfax, Va. 22030

and let him know how you as a cyclist and a member of NCVC feel about the necessity of a track in Virginia.

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Maryland residents (and others) may express the same by writing:

James Gleason, County Exec.  
100 Maryland Ave.  
Rockville, Md. 20854

I have been working with Neil Ofsthn of the Montgomery Co. Rec. Dept., along with Rita Howard, Dale Rickman & others who have expressed much interest in cycling. They are successfully sponsoring a High School Racing Series at IBM each month.

Interested NCVC members can contact Larry Black (277-2555) or write him at Box 208, College Park, Md 20740.

Rick Barnett

NCVC A Racing Team  
as of July 1st:

SENIOR	JUNIOR
Rick Barnett	Ray Barbehenn
Jim Bradford	Chris Cressey
Ned Carey	Bruce McFarland
Charlie Fredrickson	
Kevin Lee	WOMEN
Paul Pearson	Margy Saunders
Al Slaughter	Laurie Wigell
Ed Slaughter	

July Specials\*Good til 7/31



Training wheels-Campie Record  
1.f. hubs w/330 gr. rims \$75.

FRAMES\* ALPINE type F frame.  
531 d.b. throughout, assorted sizes,  
road or track. Choice of finishes.  
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ALPINE type A, "A very well finished  
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300 frames in stock - A huge selection  
of used racing frames and cycles  
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parts and clothing always in stock.

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Bethesda, Md. 530-9011.

# "I Told You To Watch Out For Kevin Lee!"

Kevin Lee became the third NCVV Maryland Road Champion in five years, following the steps of Al Slaughter two years ago and Bob Fisher Two years before that. Facing a larger, more aggressive pack than last year, pre-race favorite was Tom Prehn of KRT/Cateye. Already qualified to ride the Nationals by virtue of his National Team Position, Prehn nonetheless ignored the lure of Harlem's big bucks in favor of a shot at the state championship and the long miles, preparation for the Red Zinger Classic and National Championships, just around the corner in July,

Early action had Prehn off the front and Lee Changing his rear wheel, seven miles into the race. Lee then caught the chasing group, who in turn caught Prehn after which ten riders went away together. Instead of working together, they worked each other over, NCVV's Larry Black doing more than his fair share to stay away. With the pack all together again it looked like Bobby Phillips' race, or maybe Prehn's. Defending Champ Steve Lassan (Chesapeake Whmn) gave it a go, but unlike last year, he was out of sight but not out of mind. A chase by Prehn, Phillips and John McGillen (Columbia/Proteus) reeled him in, and dropped him. Then, Prehn flatted and it really looked like Phillips' race. Then to my surprise appeared an NCVV helmet, alone, at the front. McGillen had opened a serious gap which was closed by Lee and Phillips, leaving the ferocious road sprinter in firm control when suddenly Lee was gone. With only ten miles separating him from victory, the guy looked like he was riding a Kilo. Perched on his bike like a trackie it was Lee all the way to become the 77 MD Road Champ. Phillips beat McGillen for second and third, and rumor has it Charlie Fredrickson gave away fourth to Steve Lassan at probable expense to another teammate.

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I told you to watch out for Kevin Lee! Congratulations to the other victors and good luck in Seattle. I hear that Laurie Wigell looks like she'll be raising Hell in Seattle. She is, without a doubt, getting stronger and picking up a lot on the way... They'll do it every time: is it coincidence or what? Why does 95% of all the banana peel flying wind up in somebody's driveway or lawn?

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We missed Ned Carey out there: Ned had a bum break... Three days before the State Road Race and a month before the Red Zinger Classic, for which he was selected to ride, he crashed at IBM in a club race and broke his collar bone. The team for Red Zinger will be selected from the following: Rick Barnett, Jim Bradford, Kevin Lee, Roy Morris, Paul Pearson, and Ed Slaughter. Looks like the Women riding for NCVV will include: Laurie Wigell, Margy Saunders, Donna Tobias, Karen Miller, and maybe Marie Morris.

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Al Slaughter and part of his team were on hand at last month's club meeting. Many questions were asked and answered. The closing word was "Sell Your Sport," and for those who couldn't take it, let me count the ways: Recruit friends to ride, or spectate; Be neat; Act professional; Wear your helmet; Train in your Georgetown shirt or jersey; Curb you language to motorists; Stop at stop signs... They say practice makes perfect, so practice being a PRO.

Park Service has invited NCVV to take part in a Bicycle Saturday, August 20, in Brandywine, MD. Since there is unfortunately no road course, the club will be promoting the 1977 NCVV Road Sprint Championship. Prize money will come straight from the entries: \$2. to ride per rider, Zero to the club, 40% for first place, 30% second, 20% third, and 10% fourth. Call me at 588-4571 with questions, interest, or suggestions. Alternatively, we could have an exhibition race... Every Bicycle Organization in the area will take part. Let's all do our part to Sell Our Sport.

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What do I think about Tom Prehn's letter? I am sorry Tom and Joe were misinformed as to the monies of the club last year, but I'm sure they both received more bucks than about 181 other members of the club. Only Jackson may have gotten more... What do I think about current sponsorship money? If a rider can demand bucks, then I think the sponsor ought to be able to demand wins... I think there is great potential in sponsorship, but it is not a paycheck for amateurs. For those of you trying to make a living a cycling, may I suggest bowling. May your legs and lungs last until retirement. When do bicycle riders retire, anyway??? Stay loose and ride on.

-the Butler did it.

PAY ATTENTION PLEASE!

Laurie Wigell, Women's Rider Rep, has changed her address and phone number. If you want to call her, try: 649-3671. The old one won't work.

NOTE: Rick Barnett has been upgraded to a Cat I rider following his win at Ocean City, as had Ed Slaughter, several weeks earlier. NCVV is proud of its A Team riders and their achievements.

**Go Fast Jerseys**

and MARGY'S CUSTOM CHAMOIS REPAIR\*\*338-8028

drop off service at Georgetown Cycle Sport, Old Georgetown Road, in Bethesda, MD.

June 2, 1977

To the Editor:

I would like to respond to the letter by Tom Prehn which was included in the June newsletter. As much as I respect Tom, I feel that in this matter he is mistaken as to the true facts of the case. It my hope that by clarifying the situation the feelings on both sides will be spared.

I must admit that N.C.V.C. has been plagued with mismanagement. In fact, mismanagement was the major factor in the failure to secure a sponsor before January. Therefore, the sponsorship program is an excellent example. I was under the impression that, as early as June, 1976, a member of the Executive Committee was working on securing a 1977 sponsor. In fact, in July, I was informed by this person that he had a sponsor ready to sign. Therefore, I did not attempt to involve myself in additional unnecessary work. Late in September, the same person informed the Executive Committee that nothing had as yet been done to secure sponsorship. The task was turned over to me. Proposals had to be sent out that week if we were to succeed. I asked a number of riders to help because I was already quite busy. Ned Carey was the only one to take an interest. The plan almost worked, but, when it failed, the first to complain were those who were not interested in helping. The problem is that there are too few people who are doing the work: Those people are over-worked: And the people that are not pulling their weight are interfering with the effort.

As regards expense money, I was under the impression that when Tom and Joe recieved the \$150 apiece to go to the Olympic trials they were informed that if expense money was provided for this purpose there would be no entry fee money. Since the sponsorship contract only provided for \$500 and the total amount available for expense money was only slightly over \$1,100, it seems to me that Tom and Joe recieved more than they would have if they had been reimbursed for their entry fees.

As concerns the IBM races, the Executive Committee has made no ruling. The Chairman of the U.S.C.F. Board of Control has made the ruling: A rider belongs to the club that is on his license: If a rider competes in an unsanctioned event with riders of a different club he is liable to suspension. To my understanding, the reason riders from other clubs stopped attending the races last year was because Sandruck found out what was happening and threatened to start suspending riders. To allow Tom and Joe to ride N.C.V.C. would have to run sanctioned races which would cost a minimum of \$20 more to run and increase the paper work. The racing team was informed of this and told that if they could find someone who was willing to promote these races as open events the Executive Committee would have no objection. Since that time, no one has expressed an interest in running sanctioned events at IBM so that Tom and Joe could ride.

Finally, I would like to point out that everyone is welcome to participate. The Executive Committee has never turned away anyone who was interested in getting involved. Meetings are open to all club members and even non-club members. But one should remember that getting involved does not mean creating work for someone else to do. It must be remembered that, for some of us, maintaining the sport of Cycling is not our livelihood, our job. All we have to gain, as members of the Executive Committee, is satisfaction with the job we do and recognition from the riders. It would be stupid for us to pass up a more promising future in another activity when those who benefit from our efforts consider us unworthy of their respect.

If the riders want people to run their races and contract their sponsorship programs, perhaps they should treat these people with as much respect as they themselves desire. Perhaps these people are not as competent or as successful as we would like, but they are all we have.

Sincerely,



Alan Rashid  
Georgetown/National Capital Velo Club