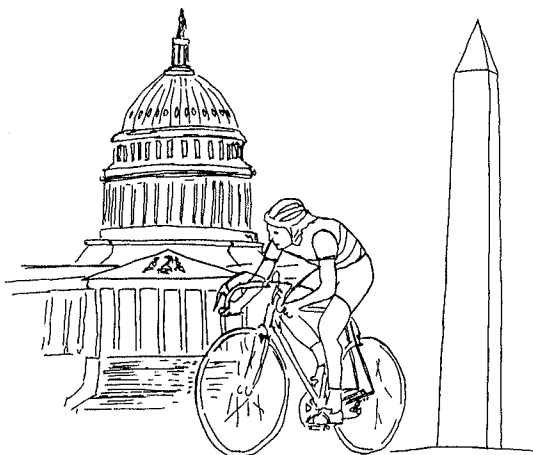


National Capital Velo Club, Inc.

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D.C. 20044

NCVC Newsletter

July 1979



A JOURNAL OF BICYCLE RACING AROUND THE NATION'S CAPITAL

"AS THE WHEELIE RAMBLES"

For a club who has supposedly lost all of its hot shot riders we are not doing too bad-----for the first time in the Club's history we have three riders vying for spots on a U. S. Team. Fast Freddy Sheffield and Hal "Mr. Sprint" Mattes (Road) and Craig "der Bull" Parker (Track) have qualified for the 1979 Junior World Trials. We're Keeping our spokes crossed for them.

If you've been wondering why you haven't seen ex-NCVC "Cover Girl" Laurie Wigell on her bike lately, apparently she has decided to pack in the criterium circuit. (Wheelie Ears has it that she will soon wed former Pro Mike Neel). Let's hope she returns in '80 as women riders in the east coast are fast becoming an endangered species.

People are still talking about the professional manner in which Ken Gyory orchestrated the Maryland/Delaware District Championships. For the first time in years --- mile markers on the time trial course----- road guards on every corner of the road course----follow car----unbelievable (Va/D.C. residents eat your heart out).

Speaking of the Md/Del Championships, what a kick it was riding with National Team Member Tom Prehn ---formerly of NCVC. Tiny Tom showed us how he has become a top international competitor-----with a strong solo win. And what about Chris Cressy's fine silver medal performance. He never ceases to amaze me---only getting on the bike in May and defeating good riders who have been at it since November. Looking for a place in Ripley's Believe or Not Mike Petty held off the Bobby "The Baltimore" Bullet to take third. The euphoria of the feat must have been too much for him though---- he retired from racing the next day. (I wonder if we should have called a press conference?) I want you to know even ole President Pete showed his stuff with an 11th place finish ---right behind your energetic Team Director Alan "I can talk faster than I can ride" Rashid. As for me----I stayed in there for the tour (first 5 laps) and then as the race really started my back asked my brain "What the hell are you doing here fool?" Fortunately my brain didn't have a reply.

Ken Mc Cormick deserves a cheer for coming to the aid of Pete Swan & Harley Sheffield (and the rest of the IBM crew). It's really great to see the fine club effort which makes the Georgetown Cycle Sport Series the finest on the East Coast ---maybe the nation. Just ask other Club's members if they have anything like it in their area-----they almost choke when you tell them we get 85-95 riders out every week. Don't forget to jump in and lend a hand. Remember all three of our U.S. Team hopefuls got their start at IBM. (What we are desperate need of at IBM is new stock bike riders ---everybody should try to bring a friend and get them hooked on the sport---who knows maybe in '80 we will have 200 riders every week.)

Quote of the year goes to Jerome Kuh for his remark in the recent Washington Star article on the Georgetown Cycle Sport Series..... "If you race bikes, you're going to break your collar bone"-----Jerome's mother must have been scared by an orthopedic surgeon. By the way Mark Butler is not my alias (turkey maybe?).

August and September will be Team Racing months, with special bonuses for A & B class winning teams. (Wheelie Ear understands Mike Cassidy is a great blocker)

Cheers,

Mike

MARYLAND - DELAWARE DISTRICT CHAMPIONSHIPS

TRACK - Sr. Men

1000 M	4000 M-Pursuit	Sprints	20-K Points
K. Levin/NCVC 1.14:3	M. Petty/NCVC 5.19:3	B. Phillips/Exxon	P. Pearson/Alpine
C. Cressy/NCVC	K. Lee/NCVC	C. Cressy/NCVC	E. Slaughter/Alpine
E. Slaughter/Alpine	C. Cressy/NCVC	E. Slaughter/Alpine	T. Prehn/AMF
J. Moschetto/NCVC	T. Lung/ChW	P. Pearson/Alpine	B. Phillips
E. Conrad/DVS	R. Sheldon/CoW	R. Headley/Car	
T. Prehn/AMF		E. Conrad/DVS	

Jr. Men

B. Anderson/ChW *

Intermediate

E. Winstead/ChW
A. Tasca/DVS

Midget

B. Kissinger/ChW
J. Fischer, Jr./Ral

*Not one NCVC rider showed up for this event

TIME TRIAL -25 Miles

Sr. Men	Jr. Men	Vet. Men	Master Men
B. Phillips 0.59:11	F. Sheffield/NCVC 1.00:00	J. Nugent/NCVC 1.01:39	J. Fischer 1.05:4
M. Petty/NCVC	B. Scarce/NCVC	M. Mergen/NCVC	T. Eastman
L. Black/NCVC	A. Hirschman/NCVC	L. Dieren	B. Curtis
P. Pearson	G. Sheffield/NCVC	J. Elliott	
		G. Kissinger	

Sr. Woman	Jr. Woman	Vet. Woman	Grand Master Men
L. Bolard 1.07:14	D. Healy 1.15:30	G. Nugent/NCVC	J. Phillips 1.18:00 (look out Foxy)
M. Pelz 1.07:58			
E. Spear			

ROAD

Sr. Men 105-mile	Jr. Men 72-mile	Vet. Men 40-mile	Jr. Woman 24-mile
T. Prehn/AMF	F. Sheffield/NCVC	J. Nugent/NCVC	D. Healy/DVS
C. Cressy/NCVC	R. Scarce/NCVC	L. Dieren/ChW	
M. Petty/NCVC	J. Krawczyk/Ral	M. Mergen/NCVC	Vet. Woman 24-mile
B. Phillips/Exxon	T. Buzas	J. Elliott/FSW	G. Nugent/NCVC
E. Bernosky/DVS	Intermediate	G. Kissinger/ChW	
S. Rashid/Alpine	C. Clark/NCVC	J. Fishcer/Ral	Midget Boys 6-mile
B. Fisher/NCVC	C. Reeder/Ral	J. Evans/NCVC	B. Kissinger/ChW
T. Bain/ChW	E. Winstead/ChW	C. Mueller/ChW	J. Fishcher, Jr./Ral
N. Carey/Alpine	A. Tasca/DVS		
A. Rashid/NCVC	D. James/NCVC		Sr. Woman 40-mile
P. Swan/NCVC			L. Bolard/ChW
			M. Pelz/NCVC

*Do you believe in miracles?

On the track*, Kevin Lee and Chris Cressy edged out third place Ed Slaughter in qualifying for the National Championships in the 1000 meter time trial. The 4000 meter pursuit was won by Mike Petty, winning by 10 seconds over second place Kevin Lee. The third place finisher was Chris Cressy. In the exciting match sprints, Bobby Phillip's experience gave the spectators a chance to see how his reputation was earned -- by out maneuvering all opponents. Chris Cressy and Ed Slaughter fought head to head for second and third place. In the 20 kilometer points race Paul Pearson, Ed Slaughter, and Tom Prehn pulled away from Bobby Phillips after he took 15 straight points. Pearson, Slaughter, and Prehn then made their move after the third sprint. Phillips was unable to close the gap and followed the for the remainder of the race. Bill Anderson won all the Junior Men's events and Bryan Kissinger edged out Joe Fischer, Jr. for the gold medal in the Midget Class.

The 25-mile Time Trial was held in Federalsburg, Maryland on the Eastern Shore. Competitors are required to ride alone for the entire distance and four Senior men covered the distance in one hour and two minutes (or less) to qualify for the Nationals. Bobby Phillips crossed the finish line in 0.59:11 followed closely by Mike Petty and Larry Black. Paul Pearson also qualified after restarting due to mechanical problems. The Senior Womens event was won by Laurie Bolard with Mary Pelz second. Junior Fred Sheffield, who is currently leading all East Coast juniors for a chance to ride in the Junior Worlds, showed his form with a blistering hour flat ride. Reed Scarce and Ari Hirschman finished second and third. Veteran Jerry Nugent proved that you are as young as you feel by winning his class with a super 1.01:39. Only five other riders beat his time -- most of them 17 years his junior. Grand Master John Phillips (67 Yr) recorded a remarkable 1.18:00 -- no question where Bobby gets his speed.

The Road Championships held in Hydes, Maryland started out cool but soon heated up with some impressive riding. Tom Prehn showed the Senior Men what it takes to make the National Team by solöing up to a four man break (closing a one minute gap) and then simply riding away with 8 miles to go. Chris Cressy gave chase to earn second place and set up an incredible photo finish sprint between Mike Petty and "Mr. Sprint" Bobby Phillips --- amazingly won by Petty. Fred Sheffield showed his super strength by poworing away from Reed Scarce for the Junior win, with John Krawczyk a distant third. In the womans event Laurie Bolard continued her dominance with a win over Mary Pelz. Intermediate Colin Clark did it his way with a solo win over Cale Reeder and Eric Winstead. In similar fashion Jerry Nugent put his TT form to good use with a solo win in the Veteran field. Last but not least Midget Bryan Kissinger edged out Joe Fischer, Jr. for the gold.

*held in TrexlerTown, Pa

Ken Gyory - Md/Del District Representative

DISTRICT OF COLUMBIA - VIRGINIA DISTRICT CHAMPIONSHIPS

TRACK - Sr. Men

<u>1000 M</u>	<u>4000 M-Pursuit</u>	<u>Sprints</u>	<u>20-K Point Race</u>	<u>Junior Men</u>
J. Lassiter	P. Durdaller/Alp	C. Meerman/AD	C. Meerman/AD	Hal Mattes
C. Meerman/AD	R. Saunders	J. Lassiter	P. Durdaller/Alp	
J. Montgomery/NCVC	C. Meerman/AD	J. Montgomery/NCVC	B. Seagle	

<u>Women</u>	<u>Intermediate Boys</u>	<u>Midget Boys</u>	<u>4000 M. Pursuit Team TT</u>
<u>Match Sprints</u> K. Craig	G. Holterman/NCVC	J. Teeuwen	<u>5:00.24 National Qual.</u>
<u>3-K M. Pursuit</u> "	E. Holterman/NCVC	N. White	J. Montgomery/NCVC
<u>8-K M. Point</u> "			C. Meerman/AD
		<u>Midget Girls</u>	R. Barnett/NCVC
		S. Miller	P. Durdaller/Alp

TIME TRIAL - 25 Mile

<u>Sr. Men</u> 57:14.9	<u>Jr. Men</u>	<u>Women</u>	<u>Veteran Men</u> 1.05:17.95	<u>Masters</u> 1.04:14.25
R. Barnett/NCVC	C. Parker/NCVC	K. Craig	G. Reffell/NCVC	*E. Brown/NCVC
M. Saunders	D. Kelly	S. Whitenack	W. Jones	F. Grant
J. Pickel	E. Brinkley	C. Thomas		R. White

Women Masters H. Sovocool 1.14:08.91

*Keeps Geritol in his water bottle

ROAD

<u>Sr. Men</u>	<u>Jr. Men</u>	<u>Women</u>	<u>Veteran Men</u>	<u>Veteran Women</u>	<u>Midget Boys</u>
J. Montgomery/NCVC	C. Parker/NCVC	K. Craig	G. Reffell/NCVC	H. Sovocool	M. Alley
J. Lassiter	H. Mattes/NCVC	S. Whitenack	K. Jones		N. White
R. Barnett/NCVC	E. Brinkley	C. Thomas	R. White		J. Teeuwen

<u>Midget Girls</u>	<u>Intermediate Boys</u>
S. Miller	G. Holterman/NCVC
	E. Holterman/NCVC
	F. Pickel

CLUB OFFICERS

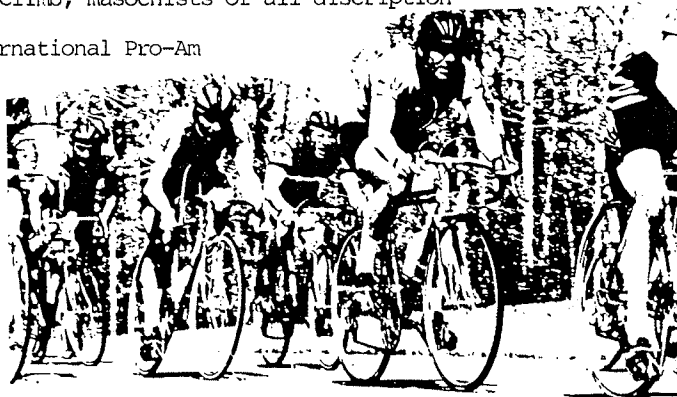
<u>Title</u>	<u>Name</u>	<u>Phone</u>
President	Pete Swan	649-4841
Vice President	Larry Black	277-2555
Treasurer	Paul Lenz	279-0061
Secretary	Alan Rashid	229-0346
Membership Chairman	Pete Rusk	933-7848
Maryland Rider Rep./		
Editor	Mary Pelz	587-5489
Virginia Rider Rep.	Nick Freer	243-6658
Team Coach	Jim Montgomery	471-7656
Team Director	Mike Butler	277-2555



RACE CALENDAR

- August 2,9,16,23,30 Georgetown Cycle Sport Series Team Competition
(Riders are encourage to ride in 4 person teams
in their class. Special prizes will be given
to winning teams.)
- 4 West Baltimore Criterium, Sr 3 & 4, Vet, Masters, Grand Masters
- 5 Apple Open, (Freehold, N.J.), Midget, Inter, Jr., Women, Vet, Master,
Grand Master, Sr 2-3-4
- 6 NCVC Club Meeting, 8:00 P.M., Haines Point, Washington, D.C.
Training ride before
- 1-12 USCF Nationals
- 11-12 Pittsburgh McDonald's Classic Weekend, all classes ex. Mid & Master
- 12 Mainline Gran Prix, (Berwyn, Pa.) Sr 1-2, 3-4, Women, Vets
- 12 Portsmouth, N.H., Sr 1-2-3-4, Jr, Women
- 26 Bryan Park Criterium, (Richmond, Va), Sr 3-4, Women, Jr, Vet, Int
- 26 Great Reading (Pa) Bicycle Race, Sr 3-4, Women, Jr, Vet, Int, Mid
- 26 New England Bicycle Racing Championships, all categories
- Sept 2 Tour of Raritan, N.J.,
- 8 Mt. Washington Road Race, N.H., Sr, Women, Vet, Novice
- 9 Mt. Washington Hill Climb, masochists of all discription
- 22-23 Wildwood (N.J.) International Pro-Am

BICYCLE
RACING



JUNE - GEORGETOWN CYCLE SPORT SERIES

	<u>A-Class</u>	<u>Pts</u>	<u>Prize</u>	<u>B-Class</u>	<u>Pts</u>	<u>Prize</u>	<u>C-Class</u>	<u>Pts</u>	<u>Prize</u>
1)	Jim Bradford	73	\$13	Jerry Nugent	39	\$12	Mike Cassaday*	27	\$8
2)	Chris Cressy	50	10	Tom Craven	19	9	Darrow Montgomey	15	7
3)	Rick Barnett	49	9	John Woodburn	14	8	Mike Szablak	13	6
4)	Chris Meerman	48	7	Richard Hedley	12	6	Jim Haddock	6**	3
5)	Fred Sheffield	30	6	Colin Clark	7	5	Eric Salminen	6**	3
							Simon Walker	6**	3

	<u>D-Class</u>	<u>Pts</u>	<u>Prize</u>	<u>Midget</u>	<u>Pts</u>	<u>Prize</u>	
1)	Boris Starosta	10	USCF License	#97	7	Certificate	
2)	Leon Turkevich	8	\$6.50				*Now destroying B-Class
	Eric Walgren	8	6.50				**Tie for 4th
3)	Larry Vallieries	7	3				
	T. Mattes	7	3				
	#21	7	3				

MAY CORRECTION: Jeff Levine should have been 4th in B-Class (\$6.00)
former prize list will remain the same

ALL PRIZES ARE CASH ALLOWANCES AT EITHER GEORGETOWN CYCLE SPORT
BE SURE TO THANK DANNY WAGNER AND LARRY BLACK FOR THEIR FINE SUPPORT



UNITED STATES CYCLING FEDERATION, INC.

June 23, 1979

TO: U.S.C.F. Directors, Clubs and Nominees
FROM: Henry Seubert, Election Chairman
RE: 1979 Board of Directors Election Results

The ballots have been tabulated and the results are as follows:

EAST

60 Robert Lea
59 Mike Fraysee
49 Joseph Avalos
47 Pieter DeHaan
39 Ernest Seubert
38 Al Toefield
37 Dave Balkin
31 James Huetter
21 Peter Senia
20 Sandy Black
12 Harvey Black
11 Steve Arbetman
11 David Poole
3 Frank Graham
0 Charles Brown

CENTRAL

67 Kathy Jury
61 Philip Voxland
37 Edmund Burke
36 Mary Cappy
*31 Thomas Boyden
32 Wayne Stetina
27 Otto Wenz
10 Dan Pearson

WEST

69 Lester Ernest
68 Steve Maaranen
65 Ron Skarin
52 Jim McFadden
48 Robert Carpenter
30 Paul Therrio
20 Robert Enright
12 William Lahman
12 Eugene Zeitler
10 Robert Franklin

*The Central section requires 2 Directors from each region. There is an opening that has to be filled in Region 3. There is only one nominee from that Region, so that nominee will be elected to the Board.



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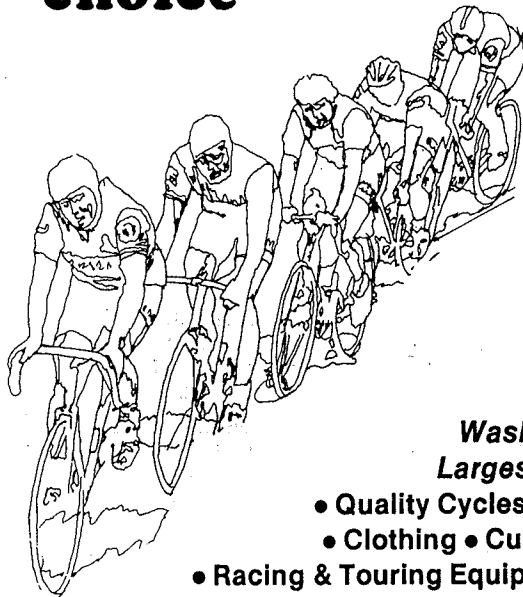
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Campy Front Derailleur	\$10	22 1/2" Gitane Track Bike - Standard
Campy Seat Pin 26.4 mm	10	
Sugino Chain Ring 52T	5	Great for beginning trackies or for early
Zefal Competition Pump	6	season training — <u>Campy pedals</u> \$60

Call Alan Baldwin 370-1122
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Alexandria, Va 22314

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