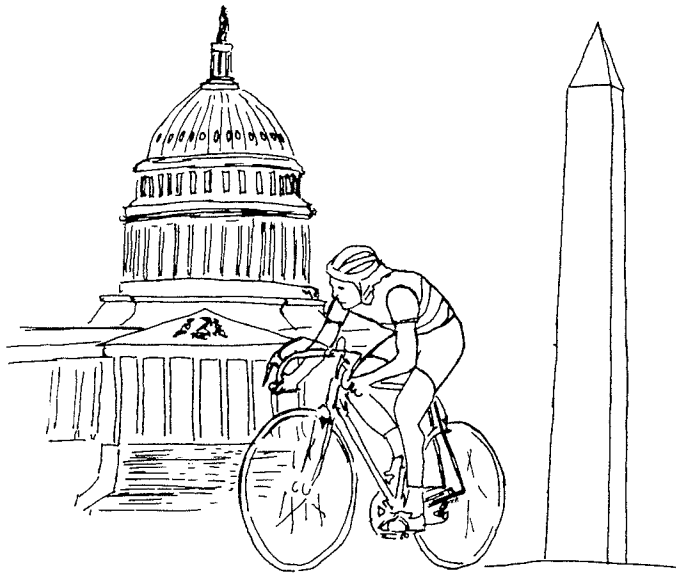


National Capital Velo Club, Inc.

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D.C. 20044

NCVC Newsletter

APRIL 1980



A JOURNAL OF BICYCLE RACING AROUND THE NATION'S CAPITAL



Pro-Am

April 13, 1980

NATIONAL CAPITAL OPEN

Don't forget, we want to see all NCVC members out at the Ellipse on April 13, 1980 for the prestigious National Capital Open. If you plan to compete, the prizes are good and the competition will be stiff. For competitors, the Ellipse provides a marvelous view of every part of the race. If you plan to volunteer to help, there is still time to call Pete Swan at 649-4841 and see what you can do.

CLUB OFFICERS

<u>Title</u>	<u>Name</u>	<u>Phone</u>
President	Larry Black	277-2555
Vice President	Ron Rae	986-0379
Treasurer	Paul Lenz	279-0061
Secretary	Ken McCormick	821-3482
Membership Chairman	Mike Butler	588-2087
Maryland Rider Rep.	Mike Casseday	345-1923
Virginia Rider Rep.	Nick Freer	243-6658
Team Coach	Jim Montgomery	471-7656
Team Director	Alan Rashid	229-0346
Newsletter Editor	Carol Reffell	362-0619

APRIL ROCK CREEK SERIES

There will be only two Rock Creek Park races in April this year, so note these dates down. On April 6, registration will be at 7:30 am at the Park Police Headquarters, and racing begins at 8:00. On April 27, registration is at 7:00 am, with races beginning at 7:30 am. These races are open to novice and licensed USCF riders. There will be a one dollar per week donation; numbers are free.

Spring Criterium Races

April 27th - A race at IBM on Sunday. check with Larry Black for more information.
April 28th - Bike Bonanza at Montgomery Mall from 6 to 8 pm.

RAMBLING WITH THE WHEELIE

NCVC PE's ... PE's? - "Promoters Extraordinaires" (Pete Swan and Mike Butler) are looking for potential promoters and officials. With over 200 members in a club, we should have more than two or three people running the club races. Greenbelt and IBM will be the perfect places to start out on a career of promoting or just plain helping out. If you race, no problem, we could work out a rotation system. Don't wait until the regulars are unavailable and we are left with no one to run the races. Call Mike or Pete today (call before midnight we go to sleep early ...).

The time trials turned out to be the most successful in over five years, showing what a little publicity can do. Of course, we had people acting up, riding up and down the one ways, or standing all over the street. Then there was the "Bozo" who tried to pass a car which had slowed down for two cyclists, by crossing the double yellow line and of course was rewarded with a ticket. Also, a couple who ended their race in the center of the street surrounded by cars who didn't know what the hell to do Remember, we're building our sport, do your bit, please.

One of the favorites for the NCO's first Cat III race in years, Eddy Cottrell might be sitting it out this year, thanks to a motorist in Florida, he's sporting a broken collar bone. Spring is here and the fools come out to drive. I was out doing some SSD (too lazy to do LSD) and what I saw scared me ... not only that a hot shot tourist took me down of course you heard about the guy who ran a red light, hitting "Motoring Mary", then accusing her of running the red light. Folks, it's a jungle out there and you've got to be alert. I hope you B Class and potential B Class racers are taking time to practice your cornering and bike handling, I plan to attempt B Class again this year and would like to finish a season broken collar bones are no fun!

Someone asked me the other day why we have to train in low gears and race in big gears. I told him that you train to build muscles (which small gears will do) and when you race with big gears you tear your muscles down. I may well be wrong, for there are lots of little things in training that I have picked up somewhere in my many years in the sport, and few I can give reasons for. So, it would be nice to have a section in the newsletter for these questions and in the following month an answer. Call or write your newsletter editor today and let's share with each other.

NCVC was proudly represented in Bermuda. Nick Walker, Larry Black and ex-NCVC Martha Rainey were all down there doing their thing. Larry, on form, and fresh from winning the Mid Atlantic Roller Championship finished second overall to the home town here, John "Buddy" Ford. Nick Walker, riding the race of his life, took third. Martha soloed (literally) to victory. Larry returned home to ride a 24:32 10 mile time trial.

Rumor has it that there is a track coming to Virginia ... that's all I will say on it. Did you catch George Mount on the TV show "American Athletes, 1980"? It was all right, had a shot of Tom Prehn and showed what tough guys and women you bike racers are. If you are not doing anything on April 6th and 27th at 7:30 AM, come to Rock Creek and help out with our two training races.

If you have never subscribed to Competitive Cycling, forget it they are out of business. And would you believe that the editor, Jim McFadden, was hired by the USCF to publish a USCF Newsletter? If you recall, he was the guy suing the USCF and is responsible for the USCF discontinuing a copy of Velo News for each member.

John Howard was voted rider of the decade. George Mount was runner up, followed by Jacques Boyer and Wayne Stetina. Who do you think this area's rider of the decade was? If you are an Eddy B. fan, don't read the final copy of C.C. According to Mike Neel, all Eddy did was work as an assistant to the Track Coach in Montreal. And, to quote CC, Mike Neel said "And get this, at the Olympics Borysewicz (Eddy B) stole 20 bicycles from the Polish Federation when he defected"

Just when my faith in the honor of bikies was uplifted ... zap! Remember, in the last newsletter I said that Pepper White paid us \$36 for back dues owed ... well, you guessed it.... like a rubber ball his check bounced. Did you hear that in November of this year you will be able to see European Pros and our top Amateurs do battle in Florida. It will be promoted by the Europeans, so the USCF knows nothing about it, only that it is supposed to happen.

I hope we find out soon if Eric Heiden will race bikes, play hockey or what, every day it is something new. He did place 53rd in the National Time Trial Championship. My report on Breaking Away's sequel was wrong. It is to be a TV Series. Let's cross our toe clips. After seven years, Traveler's insurance will not sponsor the 25 mile criterium in Hartford, instead they will put their money into a bike safety program. Fuji is sponsoring a series for midgets (8 to 11 years) in New Jersey beginning April 13 and concluding at Somerville.

U.S. Cyclocross Champ for the last five years rode to his best finish at the Worlds at 18th place only to be disqualified. No, he did not punch anyone, he lost his helmet. In the Juniors, Myron Lind of Oregon got 17th. If you are making plans for Europe, the Tour de France starts in Frankfurt on June 26th, ending in Paris on July 20th.

The 1979 amateur rider of the year, winning the first annual Adidas trophy was Russia's 23 year old Sergei Sukhorutschenkov, called Suko. Attention, new members, if you want to read up on all the racing news of the day, buy Velo News from your local Bike Shop or subscribe to it: Velo News, Box 1257, Brattleboro, Vt. 05301. It is \$12 per year, \$21 for two years and \$28 for three years.

Until next month,
Cheers,

Mike B.

GRAND PRIX AUX BERMUDES - MARCH 15 & 16, 1980

We had a big story planned for this one, but all we would like to say is that the racing and training were great, the hospitality beyond expectation, and we won some good prizes. To those of you who missed it, you should have been there!

- Men's Overall: 1st Place - Buddy Ford (Westover Hogs, RC)
 2nd Place - Larry Black (NCVC)
 3rd Place - Nicolas Walker (NCVC)
28 Mile Two Man Time Trial - 4th Place - Walker/Black
10 Mile Individual Time Trial - 1st Place - Buddy Ford (Westover Hogs, RC)
 2nd Place - Larry Black (NCVC)
 6th Place - Nicolas Walker (NCVC)
80 Km Road Race: 1st Place - Buddy Ford (Westover Hogs, RC)
 2nd Place - Larry Black (NCVC)
 3rd Place - Nicolas Walker (NCVC)

College Park Bicycle Races - Sunday April 20, 1980

LOCATION: STADIUM DRIVE AROUND BYRD STADIUM. UNIVERSITY OF MARYLAND IS 3 MILES SOUTH OF THE CAPITAL BELTWAY EXIT. TAKE US #1 SOUTH TO UNIV. BLVD. # 193. GO APPROX 2mi THEN LEFT AT LIGHT ON STADIUM DR. PARKING IS AVAILABLE IN LARGE LOT ON THE RIGHT SIDE NEAR THE WEST GATE OF BYRD.

REGISTRATION: RIDERS REPORT TO THE WEST GATE OF BYRD STADIUM BETWEEN 9 and 10 am TO REGISTER. FIRST RACE BEGINS AT 10 am. REGISTRATION OPEN UNTIL 20 MINUTES BEFORE EACH EVENT.

SAFETY: BIKES SUBJECT TO SAFETY INSPECTION. USCF RULES APPLY. GEARS WILL BE CHECKED. ROAD BICYCLES (FREEWHEEL) WITH 2 WORKING HANDBRAKES. HELMETS REQUIRED BY ALL PARTICIPANTS.

EVENTS:

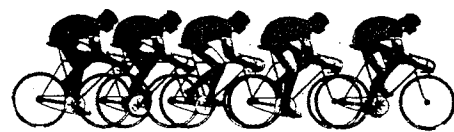
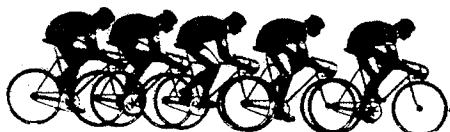
	<u>MILES</u>	<u>PLACES</u>	<u>PRIZES</u>	<u>ENTRY FEE / RACE</u>
INTERCOLLEGIATE B	15	3	****	\$ 2.25
USCF WOMEN	15	5	\$ 150+	\$ 2.25
USCF JUNIOR	20	5	\$ 150+	\$ 2.25
INTERCOLLEGIATE A	20	3	****	\$ 2.25
NOVICE	3	3	****	\$ 2.25 (\$ 6.00 team)
SENIOR II & III	25	10	\$ 250+	\$ 3.25

**** = MERCHANDISE AND CERTIFICATES, AMOUNT DETERMINED BY NUMBER OF ENTRANTS IN EACH RACE.

INFORMATION: LARRY BLACK (301) 864-2211 days; CARY BLAND (301) 277-2555

MAIL STANDARD ENTRY TO: CARY BLAND 4808 GUILFORD RD. COLLEGE PARK, MD 20740

MAKE CHECKS PAYABLE TO: 'NCVC'



**BICYCLE RACING COMES TO
MARYLAND UNIVERSITY**

EASTERN RACE SCHEDULE FOR 1980, Cont'd

May

- 2nd Hanging Rocks Hill Climb - Winston Salem, N.C.
David Poole, 260 Brookwood Ave, Apt 1-D, Concord, N.C. 28025
- 3rd Winston Salem Criterium, N.C.
David Poole
- 3rd Harvard I.D., Harvard, Ma.
Grace Jones, 24 Brown Avenue, Lunenburg, Ma. 01462
- 4th Capital City Criterium - Raleigh, N.C.
David Poole
- 4th Central Park, N.Y. 50 mile RR
Lou Maltese 78-12 269th Street, New Hyde Park, NY. 11040
- 4th Tour of Flemington - Flemington, N.J. All Classes.
Lloyd Rake, Nessland Avenue, Titusville, N.J. 08560
- 4th Winchester Criterium, Winchester, Ma.
Grace Jones
- 10th New Rochelle, New York
Lou Maltese
- 10th Towson, Md. Points Criterium. Sr. 1 & 2, Sr.3, Sr. 4, Women, Intermediates,
Midgets. Jeff Kline, 343 Trimble Road, Joppa, Md. 21085.
- 11th Maryland Road Classic, Baltimore, Md. Sr. 1 & 2, Sr 3, Sr 4, Women,
Intermediates, Midgets. Jeff Kline
- 11th Tour of Massachusetts, Boston, Ma.
& 12th Grace Jones
- 18th Key Bank 50K Prestige. Syracuse, New York
J. Konski, 5th Floor, 113 E Onondage St, Syracuse, New York 13202
- 18th Lehigh Valley Challenge - Allentown, Pa.
Mike Kaiser, 4020 Walnut Drive, Allentown, Pa. 18104
- 18th High Point Criterium, N.C.
David Poole
- 18th Junior I.D. - Smithfield, R.I.
Grace Jones
- 18th Overland Rolls, Ma.
Kinnin Laramee (207) 363-5679
- 24th Ross Cup - Allentown, Pa. Jr, Sr. 1 & 2, Women
Andy Taus, 520 N St. Lucas St., Allentown, Pa. 18104
- 25th Tour of Nutley Criterium - Nutley, N.J. All classes
Alan Swierk, 178 Summit Avenue, Montclair, N.J. 07043
- 26th Tour of Somerville - Somerville, N.J. No Sr. 3 & 4
Cliff Nagle, III, 30 Prospect Street, Somerville, N.J. 08876
- 30th International Track Meet - Trexlertown, Pa.
& 31st Mike Malekoff, 217 Main Street, Emmaus, Pa. 18049

June

- 1st German Bicycle Sports Club Open
Emily Miller, 5 Sherman Road, Glencove, New York 11542
- 1st Keystone Open Criterium - Philadelphia, Pa.
Clem Newbold, Box 54, Spring House, Pa. 19477
- 7th Baltimore, Md. Criterium. Sr, 2,3, and 4, Vets.
Jeff Kline, 343 Trimble Road, Joppa, Md. 21085
- 8th Willow Brook Mall - Willow Brook, N.J. All Classes
Vic Fraysse, 97 Queen Anns Road, Bogota, N.J. 07603
- 7th Tour of the Valleys - Vermont
- &8th Herb Swift, Box 214, Richmond, Vt.
- 11 - 22 District Championships
- 28th Salem Criterium, Salem, Ma.
- &29th Grace Jones, 24 Brown Avenue, Lunenburg, Ma. 01462

July

- 4th Greensboro Criterium - Greensboro, N.C.
David Poole, 260 Brookwood Ave, Apt 1-D, Concord, N.C. 28025
- 4th Andy Raymond Criterium - Middletown, Ct. - Sr 3, Sr 4, Jr, Vets, Interm.,
Andy Raymond, 126 Highland Ave, Middletown, Ct. 06457 Midgets
- 4th Rahway, N.J. - Sr. 1 & 2, Jr.
Ed Holle, 64 Norwood Street, Newark, N.J. 07106
- 4th Walpole, Ma.
Grace Jones
- 3rd Exeter, N.J.
Kinnin Laramee (207) 363-5679
- 5th Hartford, Ct.
Joe Tosi, 5 Prospect Hill Terrace, Warehouse Point, Ct. 06088
- 6th Longsjo Memorial - Fitchburg, Ma.
Richard Thorn, 134 Hollis Road, Lunenburg, Ma. 01462

July, cont'd

6th Easton, Pa.
Mike Kaiser, 4030 Walnut Drive, Allentown, Pa. 18104
12th Berlin, Ct.
Joe Tosi
13th Augusta, Me.
David Hine (603) 664-7632
13th New Britain, Ct.
Joe Tosi
13-17 Empire State Games - Syracuse, New York
Dick Houser, 11049 Riverview Drive, Hadley, New York 12835
19th Glen Burnie Criterium - Baltimore, Md. Sr 2,3,4, Vets.
Jeff Kline
20th Yarmouth, Me.
David Hine
27th Portland, Me. David Hine
27th Binghamton, New York
Pat Johnson 625-3521

August

2nd Acton, Me.
Grace Jones, 24 Brown Avenue, Lunenburg, Ma. 01462
2nd Hagerstown, Md.
Jeff Kline, 343 Trimble Road, Joppa, Md. 21085
3rd Apple Open - Freehold, N.J. All classes except Sr. 1.
Tom Ayers, 1205 Lakewood Road, Manasquan, N.J. 08736
3rd Portsmouth, N.H. Kinnin Laramee (207) 363-5679
10th National TTT - Bisbee, Arizona
13th National 25 mi. TT - Bisbee, Arizona
15-17 National Road Races, Bisbee, Az.
16th Concord, N.H. Kinnin Laramee
20-24 National Track Events - San Diego, Ca.
23rd Sunapee, N.H.
&24th Kinnin Laramee
31st Tour of Raritan - Raritan, N.J.
Dottie Saling, 91 Duval Street, Bridgewater, N.J. 08807

September

1st Devil of a Race - Somerville, N.J. Sr. 3 & 4, Vets
Frank Quinn, c/o Somerville Rec. Dept, Somerville, N.J. 08876
6th Mt. Washington Grand Priz, Mt. Washington, N.H.
Paul King, Box 68, Chocorua, N.J. 03817
7th Mt. Washington Hill Climb. Paul King
6th International Track Meet - Trexlertown, Pa.
&7th Mike Malekoff, 217 Main Street, Emmaus, Pa. 18049
13th Tour of Rockford - Rockford, De.
Jim Elliott, 3202 Fernwood Place, Wilmington, De. 19802
13th Martha's Vineyard - Ma. Grace Jones
14th Plymouth, Ma. Grace Jones
14th Pepsi-MS Bicycle Race - Cornell University, Ithaca, New York. Tob
de Boer, 818 Cayuga Heights Road, Ithaca, New York 14850
13th Tour of Wallpack - Wallpack, N.J. Vets Stage
& 14th Will Power, 35 Sunset Avenue, West Trenton, N.J. 08628
20-21 Wildwood Criterium & Sprints - Wildwood, N.J.
Catherine Cramer, 5000 Boardwalk, Ventnor, N.J. 08406
21st Clinton, Ct.
Joe Tosi, 5 Prospect Hill Terrace, Warehouse Point, Ct. 06088
21st Hilly Ti - Ipswich, Ma. Grace Jones
27th Baltimore, Md. Jeff Kline

October

5th October Fest - New Brunswick, N.J.
Vince Menci, 1 Hunterdon Street, Somerville, N.J. 08876
5th Luzerne Cup RR - Lake Luzerne, New York
Dick Houser, 11049 Riverview Drive, Hadley, New York 12835
5th New York City Bicycle Classic
Lou Maltese, 78-12 269th Street, New Hyde Park, New York 11040

November

9th Turkey Race - Brookdale Park, New Jersey. Vince Menci
23rd. JFK Memorial - Central Park, New York. Lou Maltese

National Capital Limited

The one major race in the Metropolitan D.C. area, and the one major race sponsored by the NCVC is called the National Capital Open. Yet, this is not an 'open' race. Almost 50% of the Senior Men are excluded, no Midget, Intermediate, Veteran, or Grand Master categories are offered. To make things simple let's just look at the Senior 4 situation.

There are 4476 Senior Men in the USCF. Of that number 2209, or 49.3521% are Senior 4's (figures from USCF Rulebook). To become a Senior 3, a Senior 4 must compete and/or place in major competitions. One of the major goals of the NCVC is to advance the ability and the standing of its member riders. By denying the entry of Senior 4's to this major competition NCVC is limiting their potential for advancement. The Senior 4 rider is therefore forced to go to one more out of town competition than is necessary. There are those of us who have to do such mundane things as work. Sometimes that work runs into the weekend, making it difficult to go out of town.

The major reason cited for not allowing a Senior 4 category was safety. A few years ago a Senior 4 was killed in the race. That is a very regrettable incident, however, on the application for a USCF license and on race release forms it is plainly stated that bicycle racing is a dangerous sport. All racers realize there is an element of risk involved in the sport. Folks are going to get hurt racing bicycles. Senior 1's are good, but they aren't gods and they too fall and get hurt. While it is the duty of the promoter to do all that is within his power to minimize the risk, this should not be done by excluding certain categories of racers. The major safety hazard is apparently the course itself. Being a flat, oval course it is extremely fast. If the course is too dangerous for Senior 4's, is it not also too dangerous for the younger Juniors? Then the Juniors do have a gear limitation to slow them down. Couldn't gear restrictions be applied to the Senior 4's to slow them down? Maybe if the course is too fast and too unsafe, it should be changed. Was it written on the back of the 10 Commandments, "11. Thou shalt annually hold the National Capital Open on the Ellipse"? There are other places around town to hold the race, or certain classes thereof. Rock Creek Park or Greenbelt Park would both be excellent places, with enough hills to slow down the pace of any category to a 'safe' pace.

The second major reason for limiting the classes was time. There is simply not enough time to hold races for all classes. In one day, that is true. Why not split the races out over two days? A possible schedule could be:

Saturday - on the Ellipse	Sunday - Rock Creek or Greenbelt
Senior 1 and 2	Junior
Women 1 and 2	Senior 4
Senior 3	Midget
Veterans and Grand Masters	Intermediate

This, of course, is only for example. It isn't the only possible schedule and probably isn't the best schedule, but it does show that all categories of races could be held in a weekend.

There is always a hardcore group that plans and directs events of this nature. Making this a two day affair would severely tax their time and patience. Therefore the club should institute a rule that any member competing in this event must help in some way with the planning and/or running of the event. In so doing, the club insures that those who are benefitting from the races are also bearing their fair share of the work involved.

A plan of this nature would allow plenty of time for all races. A novice race could even be thrown in on Sunday. The more experienced riders would have a fast course. The less experienced would have a 'safe' course. The National Capital Open should either be an open race, or the name should be changed to the National Capital Limited for the sake of truth in advertising.

Dennis McGurin

TIME TRIAL SERIES 1980

There was a record number of entrants for the Time Trials week after week, 60, 65, 75, and 70. Thanks to the donations, the Club made \$205. Rick Barnett's record for the ten mile time trial (22:35) still stands, but Club President, Larry Black, put in the big one to get a 23:38. On the final Sunday, almost every rider broke his or her own record. Near perfect weather helped a lot. Fred Sheffield may have set a new Junior record and Mary Pelz may have set the best women's time.

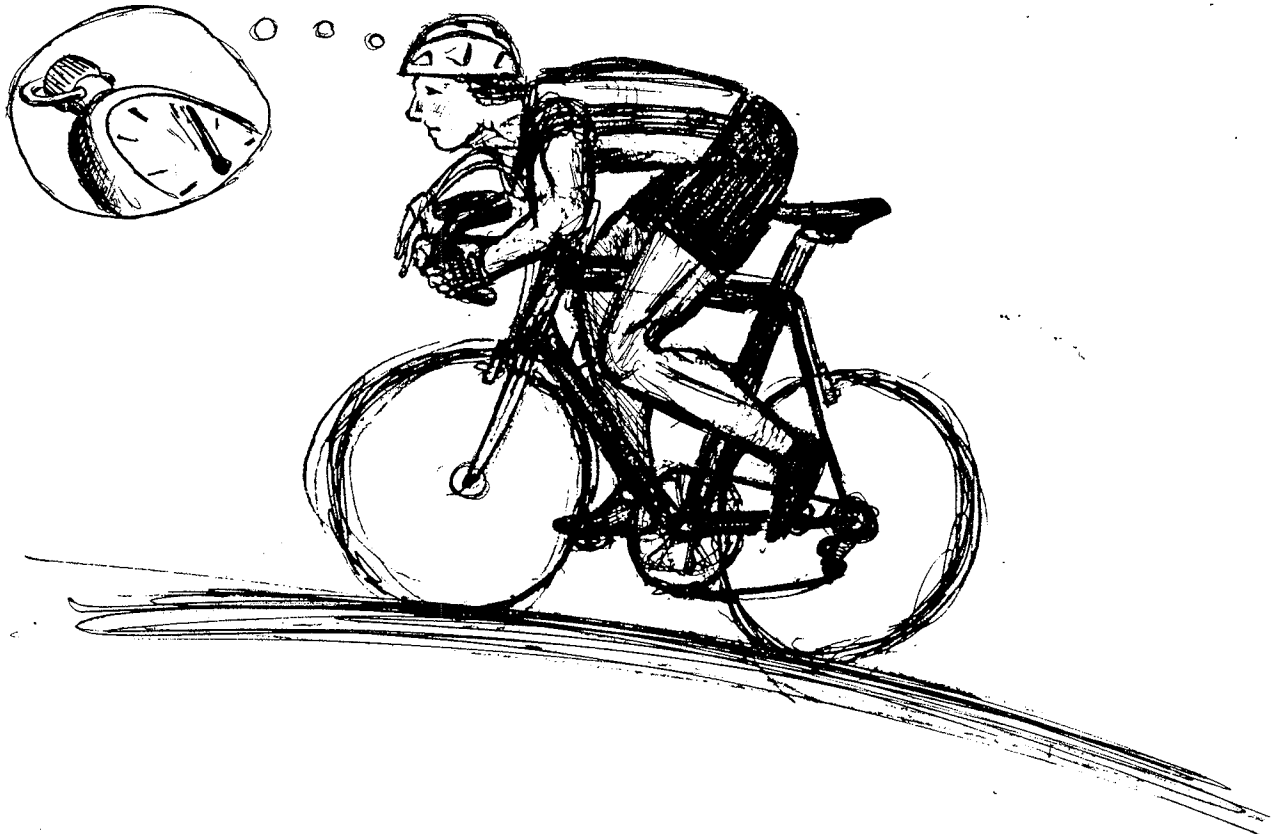
Results

1. L. Black	23:38	Sr. II	19. R. Morris	26:03	Sr. IV
2. J. Bradford	24:14	Sr. I	20. J. Capra	26:04	
3. F. Sheffield	24:20	J	21. P. Swan	26:11	Sr. III
4. R. Rae	24:24	Sr. III	22. N. Freer	26:23	Sr. IV
5. C. Parker*	24:45	J	23. Cooper	26:25	Sr. IV
6. J. Kuh	24:49	Sr. IV	24. R. Schulte	26:27	Sr. IV
7. C. Cressey	25:04	Sr. II	25. B. Starosta	26:28	J
8. B. Fisher	25:13	Sr. I	26. T. Jones	26:30	
9. M. Casseday	25:22:30	Vet	27. Gaylor	26:33	
10. D. Peterson	25:22:50	Int.	28. D. Clark	26:40	
11. M. Raleigh	25:26	Sr. II	29. R. Rashid	26:41	
12. R. Barnett	25:34	Sr. I	30. S. Dismukes	26:58	
13. C. Bland	25:42		31. D.E. James	27:13	
14. K. Northrup	25:43	Sr. II	32. Noakes	27:15	
15. G. Reffell	25:44	Vet	33. Villandra	27:17	
16. A. Blin	25:46	Sr. II	33. Richardson	27:17	
17. E. Brown	25:51	Master	35. M. Pelz	27:22	Women
18. S. Walker	25:59	J	36. L. Tabachi	27:24	

*Craig rode this time after completing a team time trial of 23:27 with Rick Barnett

Team Time Trials

1st.	Rick Barnett and Craig Parker	23:27
2nd	B. Starosta and Simon Walker	25:09



BS8

NCVC TAKES THIRD IN TWO MAN TEAM TIME TRIALS IN OCEAN CITY, MARYLAND

Veterans Dave Truitt and Paul Cramer rode the NCVC colors to third place in the March 16 two-man team time trial in Ocean City, Maryland. First in the supposedly 15 mile event were promoters John Cox and Tom Bordly of Baltimore with a time of 52:21, while Gary Kissenger and Charles Norton of the Chesapeake Wheelmen took second with 53:50. Truitt and Cramer posted a 54:35.

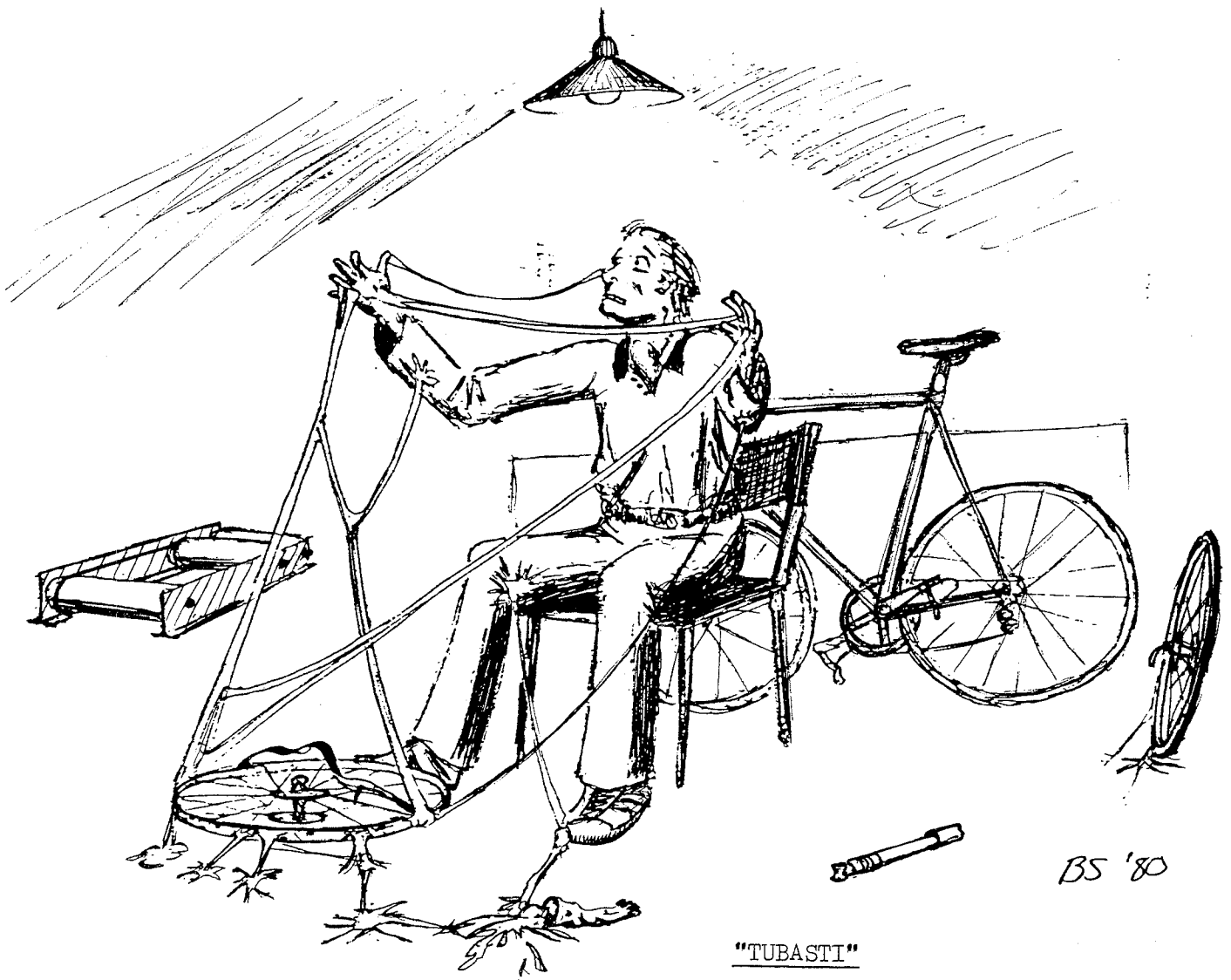
The three legged, two lap course, the longest leg being on rough tar and chip, and dead against a cold, demoralizing wind, contributed to the slow times ... but not that slow! After the race, the course was remeasured and found to be 19.7 miles.

At the start, Truitt rode as if possessed and would have dropped Cramer (who was suffering from virtually no warm up) had the latter not yelled for mercy. Truitt is the fastest NCVC rider on the Eastern Shore (his being the only NCVC rider on the Eastern Shore notwithstanding). His unique, aerodynamically rounded upper body makes him a time trial natural. He has trained for years to develop this prominence.

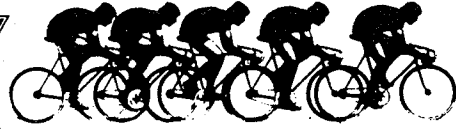
By the second lap, the pair had overtaken their one minute ahead team (Cramer now being sufficiently warm to take meaningful pulls) by switching every one and a half minutes with the wind and every one minute against it. They maintained this pattern to the end, closing at the finish to within fifty yards of their two minute ahead team. They had taken nearly three minutes off their ~~first~~ lap time. After throwing up (almost), Cramer lamented, "If only we had been able to warm up properly".

Paul Cramer

"Another reason Novices should use clinchers:"



COLLEGE PARK BICYCLES



LARRY BLACK

4360 KNOX ROAD, COLLEGE PARK, MARYLAND

864-2211

Now in Stock: A new shipment of Duegi and Sidi shoes, regular and super perforated, and replacement cleats. Ask for special NCVC price.
All leather super helmets.
Racing socks: thinnest nylon, ankle high and over ankle.
Plastic Racing Helmets - regular and drilled.
Gitane lightweight tandem kits - from \$599 for complete tandem.
New shipment of Trek Racing Frames just arrived. Columbus, Reynolds, head set, bottom bracket, with full blaze ons.

Newsletter News

Deadline for the May issue is April 29, 1980. So, if you have any articles, letters to the editor or other goodies, please submit them early. I am really pleased that people have been sending descriptions of races and other information, it is a really great way to get your name in print. One of the newest talents to emerge on these pages is the great artwork of Boris Starosta ... look for more in future issues.

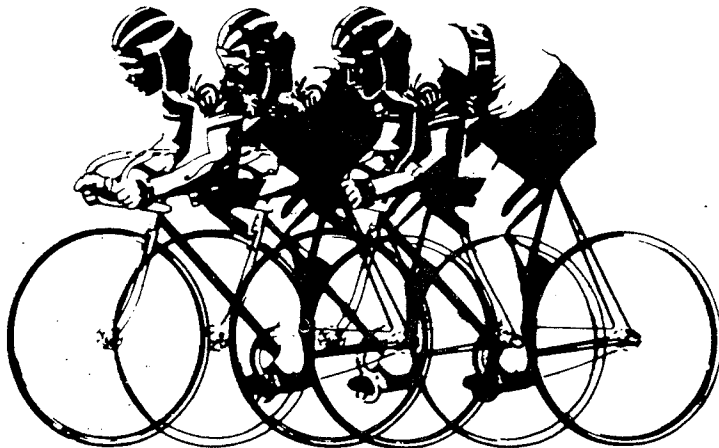
Carol

CLASSIFIED ADS

For Sale: New Cortina Rollers, perfect shape. \$90.00 Call Alan at 946-5056

For Sale: 22 $\frac{1}{2}$ " Whitcomb (English). Geometry based on Colnago. Never ridden. \$175 also
19 $\frac{1}{2}$ " Eisentraut. Very light, responsive. Excellent for intermediate or woman rider. New paint. \$175.
Call Frank at 530-2387, evenings.

For Sale: 21" Raleigh Ten Speed, with tubular wheels. Suitable for commuting or training bike. \$85. Call Pete, evenings, at 649-4841.



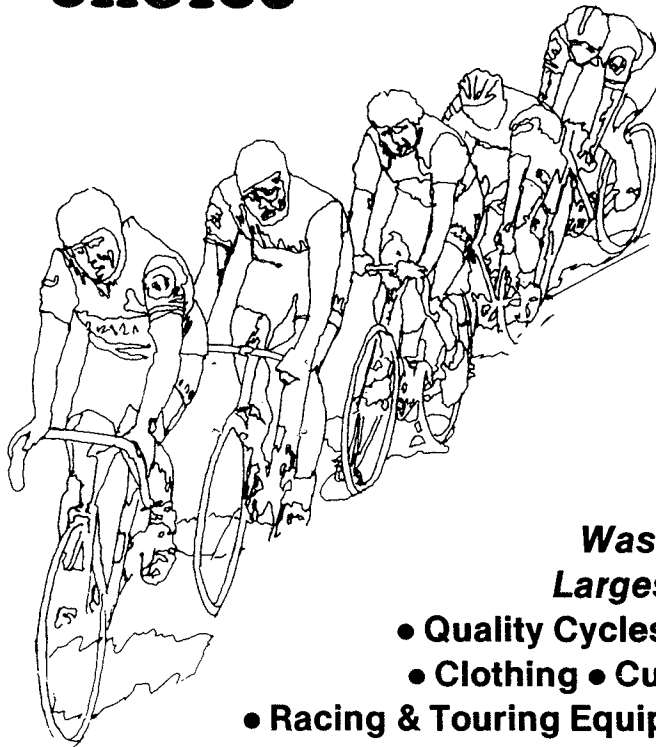
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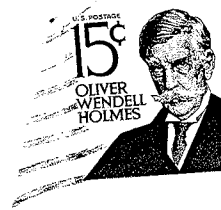


**Washington's
Largest Selection of**

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