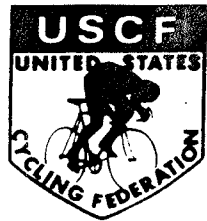
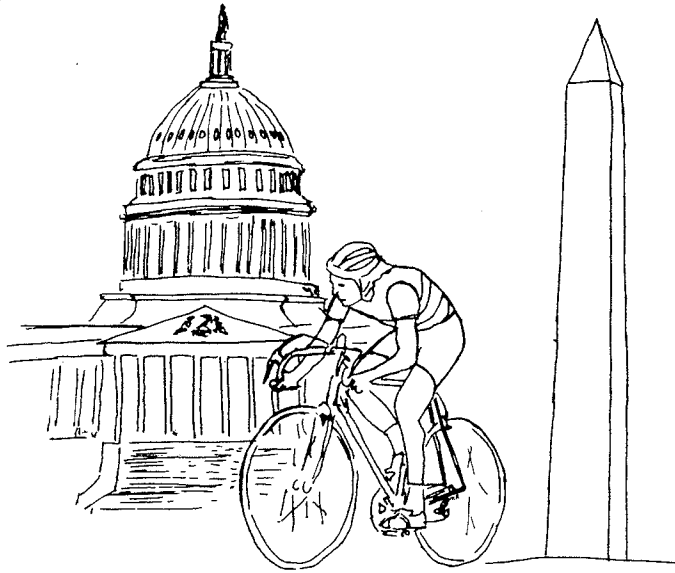


# National Capital Velo Club, Inc.

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D.C. 20044

## NCVC Newsletter

MAY 1980



A JOURNAL OF BICYCLE RACING AROUND THE NATION'S CAPITAL

## Donaghy Sets Bicycling Mark

Bruce Donaghy, a national track champion, came to town on April 13 from Wescoville, Pennsylvania and won the National Capital Open in record breaking time. Donaghy went over the finish in 1:06:54, two minutes better than the existing record for the 50 kilometer race. The large field stayed together most of the way, with a few minor breaks, until, with 500 meters to go, Donaghy made his move, and held off his pursuers to the finish line.

The Women's 25 Kilometer points accumulation race was won by Betsy Davis, with lots of teamwork help from the other Fluid Motion 6 riders. The Junior men's 30 kilometer race was won by Bobby Livingston of Riverdale, Georgia, in his first competitive race, with locals Andres Villada and George Sheffield finishing second and third. The Senior III 25 kilometer race was won by Dave Wiend of Allentown, Pennsylvania, and unfortunately marred by a couple of nasty crashes.

Beautiful Spring weather made the race truly enjoyable for both spectators and racers. Thanks are due to all the people who worked so diligently on this twelfth annual NCO, and, especially to Pete Swan, under whose direction the whole event came off smoothly and professionally. A large measure of gratitude is also due to Sally Swan for her patience and for lending NCVC her husband.

cr

### CLUB OFFICERS

<u>Title</u>	<u>Name</u>	<u>Phone</u>
President	Larry Black	277-2555
Vice President	Ron Rae	986-0379
Treasurer	Paul Lenz	279-0061
Secretary	Ken McCormick	821-3482
Membership Chairman	Mike Butler	588-2087
Maryland Rider Rep.	Mike Casseday	345-1923
Virginia Rider Rep.	Nick Freer	243-6658
Team Coach	Jim Montgomery	471-7656
Team Director	Alan Rashid	229-0346
.....	.....	.....
Newsletter Editor	Carol Reffell	362-0619

### Newsletter News

Deadline for the June newsletter is May 30, 1980. Thanks to all those who are submitting articles and information, you are doing a great job. However, seems to me that there must be more budding authors out there. Why not send a short article about the races you have attended or participated in, or any other pertinent data. Thanks.

Carol

## APRIL ROCK CREEK

This spring's annual Rock Creek Series turned into a single Rock Creek Race of April 6th, as the April 13th date conflicted with the National Capital Open; April 20th conflicted with a horse show and runner's marathon, and April 27th conflicted with a downpour and hence insufficient turnout for a race. The April 6th event made up for all this, however. We had a turnout of over fifty riders, including many new faces for our stock bike program, which will be continuing this summer at IBM and at our fall Rock Creek Series in October. It was a great feeling to see all the enthusiasm this early in the year and it was quite apparent that many riders have been keeping an active winter training program going. I think this year is going to be a great year for NCVC and its riders - well, at least some of them. As yours truly sits here writing this article with broken collar bone, broken ribs, punctured lung, and fractured pelvis after deciding to follow Bobby Fischer's coaching advice the last 600 yards of last week's New Jersey Road Race; I can't help thinking it will be a while before I'm back on the racing circuit. And all because I thought Bobby told me to "touch wheel" rather than "suck wheel".

At any rate, the A Class race was won by Jim Bob Bradford, after winning the sprint between Cressey, Fisher and Petty. This four-man break left the field early and had sixty seconds on the second break of Black, Parker, Rashid, and Blin, who then had ninety seconds on the rest of the field.

B Class was won by Rick Schuette, a newcomer to cycling this year, who had won the Category IV Delaware Road Race the day before; congratulations, Rick, and best of luck this summer.

C Class was won by Jim Lecruaz, and D Class (Novice/Stock Bike) by Grant Wilson.

This summer, we move on to Thursday IBM and a routine Tuesday Greenbelt Series. Thereafter will be the October Rock Creek Series. The success of these events will depend on the participation of club members. Each event needs a manager; an individual who is in charge of bringing equipment to the race; assigning road guards, starting and stopping races, and tabulating results. Each event needs assistants, road guards, pickers, bell ringers, etc. Optimally, these jobs could be filled by non-racers, such as parents, siblings or spouses of racers; or interested bystanders. If not, racers will have to volunteer their time in events in which they are not participating. Please contact me at 986-0379 so that we can formalize a schedule for managers and assistants for the coming local race program.

Ron Rae

### ROCK CREEK RESULTS, APRIL 6

#### A Class

1. #30 J. Bradford
2. # 9 C. Cressey
3. #79 B. Fisher
4. #228 M. Petty
5. # 84 L. Black
6. #767 C. Parker
7. R. Rashid
8. #786 A. Blin
9. #771 K. Northrup
10. #61 Pederson

#### B Class

1. #787 Rick Schuette
2. #742 Simon Walker
3. #792 Boris Starosta
4. #753 Patrick McGrath
5. # 26 David Meany
6. #785 David E. James
7. #757 John Mills
8. #769 Mathew Twomey
9. #752 Tom Craven
10. # 80 Frank Pederson

#### C Class

1. #783 Jim Lecruaz
2. #768 David Riggs
3. #772 Chris Condon
4. #755 Matt Hanna
5. #741 Kevin Cooper
6. #745 Bill Howard
7. #784 Mary Pelz
8. #773 David James
9. #788 Denis McGurin
10. #759 Dennis Lee

#### D Class (Novice/Stock Bike)

1. #781 Grant Wilson
2. #754 Tim Noakes
3. #780 Michael Martin
4. #749 Scott Rodenhuis
5. #760 Mike Earnest
6. #766 Karl Rhyner
7. #776 Andrew Perrone
8. #747 Eddie Phillips
9. #764 Larry Noel
10. #762 Joe McIntyre

COLLEGE PARK BICYCLE RACE : APRIL 20, 1980

Fine weather, an excellent course and a large turnout made a perfect day of racing as the University of Maryland hosted the first Annual College Park Bicycle Race.

176 riders in several classes, including Novice, Collegiate, and USCF, registered for over \$500 in prizes. Only four and a half weeks before the race we began the planning. As soon as we found that the Open had been moved up to April 13, we jumped on the open date, railroaded a quick sanction, hustled the prizes, and ran the show.

NCVC's Mike Petty ran away from the gun with the Intercollegiate "A" race, towing Joe Palmieri of Rutgers in for second place, minutes ahead of the pack sprint led by NCVC's Chris Cressy, who rode for Catholic University, and Chris Diehl of Penn State. Former Maryland Road Champ Kevin Lee "Castro'd" his way into the College B race and got into an early breakaway with Robert Brawn of Penn State. The two picked up Chuck Harvey of Maryland University, a real promising sleeper who had wiped out on Lap 2, and the three motored in for 1-2-3.

Speaking of motors, our own Mary Pelz got into a break of five and provided a nice long lead out for the first place woman, Lorna Reed of Berwyn, Pa. NCVC's Martha Rainey worked the break and squeaked in for fifth. In the Junior race, local George Sheffield finished second behind Anthony DeAngelo of Pennsylvania. Finishing a strong third was NCVC's David Pederson of Bethesda.

The main event, the II, III Senior Race saw favorite Chris Cressy, weary from the College Races, fail to make the early break of Jim Alvord, Larry Black, Joe Palmieri, Fred Sheffield and Kevin Gibbons. Soon Gibbons and Sheffield fell off the back, and Alvord went off the front. Cox, Gibbons, Black, and Palmieri caught Alvord, Sheffield chased solo all the way. Alvord then got away again and soloed for first, with Palmieri, Black, and Cox finishing 2,3, and 4.

We must give big thanks to all the many helpers - especially officials Wes Van Ness, Elmer Streeter, and Ken McCormick; registrars Linda Dockendorf, Brian Schaffer, Mrs. Schaffer, Mr. and Mrs. Black; Race Committee members Larry Black, Cary Bland, and Phil Allin; problem solver Harley Sheffield; announcer "Microphone" Butler; and the finest collection of Road Guards we have seen in a long time.

Race results are listed below:

College A

1. Mike Petty, Maryland U.
2. Joe Palmieri, Rutgers
3. Chris Cressy, Catholic U.
4. Chris Diehl, Penn State
5. Arnaud Blin, Georgetown

Senior II, III, 35 miles

1. Jim Alvord, Pa.
2. Joe Palmieri, N.J.
3. Larry Black, N.C.V.C.
4. John Cox, Chesapeake
5. Kevin Gibbons, Doylestown

Junior

1. Anthony DeAngelo, Pa.
2. George Sheffield, N.C.V.C.
3. David Pederson, N.C.V.C.
4. Rich Ruoff
5. Charlie Norton

College B

1. Robert Brawn, Penn State
2. Kevin Lee, Maryland
3. Bill Insley, Catonsville
4. Mark Griffith, Catonsville
5. Chuck Harvey, Maryland U.

Women

1. Lorna Ree, Pa.
2. Mary Pelz, N.C.V.C.
3. Charlene Nicholson, Pa.
4. Sue Leggett, Pa.
5. Martha Rainey, N.C.V.C.

..... and injustice for all!?!?

If you are not familiar with Larry Black's recent criminal act - here is a recap. On New Year's Day, 1980, he was on his way back from the Annapolis area on a training ride. He was cited for riding on the roadway, instead of the shoulder. His case came up on March 18 and he lost. He still doesn't know why he lost.

Maryland Law says we can ride on the road when the shoulders are unsafe due to glass, gravel, etc. Moreover, Black did not know it then, but the law also says the shoulder, even if broom clean, must be as smooth or smoother pavement than the roadway in order to be made to ride on it. The particular place where this ticket was issued was a shoulder covered with glass, gravel, and ruts. It was also not as smooth as the roadway. The judge saw the pictures, heard the story, and offered his sympathy and agreement, but he could not give an innocent verdict.

So, Larry got all charges waived for an appeal at the County Court House in Upper Marlboro on May 12 at 8:30 am. He will be there and would like your pre-trial support and suggestions. He had the opportunity to take a verdict of guilty with no punishment, no fines, no prints and no probation, but feels that the matter at stake is not his outcome, but the right or privilege for riders to train on public roadways as the law allows.

Larry Black

## RAMBLING WITH THE WHEELIE

Next time you see Pete Swan and Mel Pinto, tell them "thanks". If you are asking yourself why, then you were not at the Ellipse on April 13th. Mr. Swan provided us with a well organized, well run, National Capital Open. Mr. Pinto donated the prizes to attract some of the best racers in the U.S. and Canada, as well as champions from Guyana, Trinidad, and Barbados. Once again, everyone was able to put on their Zebra shirts, tourists got the twitch, and from what I saw, everyone went home with a smile on their faces (even Jim Brown, whose face was cut and bruised from one end to the other).

Bruce Donaghy won the Senior Mens Race in record time, Betsy Davis made it two in a row in the Women's event, Bobby Livingston, riding his first race, won the Juniors, and Dave Wiend survived the D-Derby to win the Senior III Race. NCVC colors were worn well by Mike Petty, who tried to get away in a four man break and was the talk of the town next morning when he was seen flexing his muscles in the Post. Jim "The Sneak" Bob Bradford, who's always there in the finish was 12th. Other local riders in the top 15 were Pearson 3rd, Jackson 4th, Phillips 10th, Durdaller 13th, and Meerman 15th. .... George "I beat Fred" Sheffield was very impressive in the Junior Race, taking 3rd, and off form Fred Sheffield was 5th. Andres Villada showed his stuff by giving Stirling's Club its first top three finish by placing second. In the Women's event, the trackies were too much for the local squad, which for a change was more than one. Martha Rainey was always up there, until she went down, Mary Pelz never sprinted, and Julie Paul, riding her first open race looked very encouraging.

One week earlier, NCVC went to Delaware and, just like last year, we raced off in grand style. Gordy Holterman, Jr., for the second year in a row, broke away with a clubmate. This year, he took the talented Colin Clark with him. David James rode to a determined 5th. In the Juniors, Eric Holterman placed 7th (not bad for the third time on the bike this year) in his first race as a Junior. .... Keep an eye on Mr. Rick Schuette; riding his first race ever, he won the Senior IV race with the ease of a champ. Nicolas Walker took 5th. In the Woman's race, Mary Pelz and Martha Rainey were staying right up there until Martha went down. Mary rode on to finish 5th. Senior I and II had a classy field and the wind, which could have blown you down while standing up, did not slow these guys up. After several breakaway attempts, Bruce Donaghy outsprinted Ian Jones and Paul Pearson. Chris Cressy finished 8th.

On April 20th, bike racing came to the University of Maryland and we were entertained by some exciting races in all classes. Mike Petty won the Collegiate race in grand style and Chris Cressy was third. "Motoring Mary" Pelz took second in the Women's race, while Martha Rainey stayed up ... yep! stayed up and finished 5th. In the Juniors, George Sheffield was second and David Pederson was third. Larry "Torpedo" Black rode a very aggressive race and finished third, while collecting quite a few primes.

After some research, I found out that the Juniors' course and club record for the G.W. 10 mile time trials is held by Ed Slaughter at 23:45. The Women's course record is held by Miji Reoch at 25:16 and the club record by Barbara Miles at 26:58. .... Speaking of records, Ed Cottrell must have set a record for collar bone recovery, for in Rocky Mount, N.C. he placed second. Next day at the NCO luck was with him, for he fell on a nice soft body. While Ed recovered, Ron "the Doc" Rae went down in the New Jersey Free Be and broke his collarbone and some ribs and his pelvis were fractured.

A.M.F. is offering a \$1,000 Savings Bond to the rider who can break the National 50 miles scratch race record held by Dave Boll at 1:47:18.85. A.M.F. will add \$1,000 every year for four years after that. So, if no one breaks the record in five years, the total of \$5,000 will remain until it is broken.

Shame, shame, shame!! There are riders, top riders in the club, who insist on not paying their dues. I tried shaming them into it, but no results. I can't understand it, maybe they think it is cute. Anyway, this is the last I'll say on the subject.

Ron Rae made his debut as a race promoter by doing an outstanding job of organizing and running the Rock Creek training race on April 6th. Everything went just great and I am very happy to see that racers are taking time to develop both sides. After all, in order to have a bicycle race, we need both racers and race officials. Thanks, Ron.

On Sunday, April 27th, however, it did not work out too well. Ron, even though he was home nursing all his wounds, did manage to get things organized. By the time I showed up to run the race, everything was taken care of except the equipment, Torpedo B overslept. Rain and those who were unfortunate in saving it for IBM prevented disaster as not enough showed up to race. Gil Clark conducted a 6 man ride/race. IBM was cancelled the Thursday before the race .....

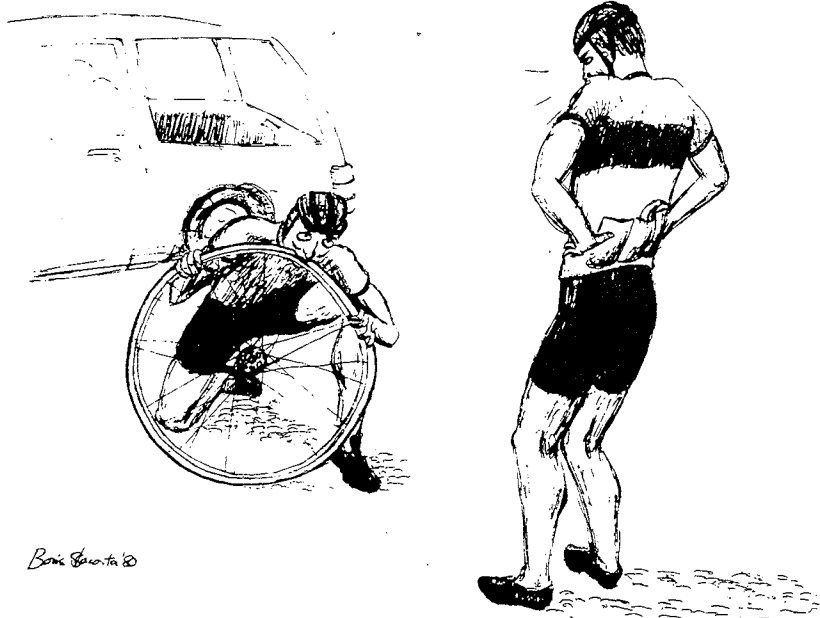
Well, it is May, and that means IBM on Thursday evenings. Please help out or ask your girl/boy friend, wife/husband, mother/father or friend to help out so that everyone can enjoy and get a turn to either ride or watch. Tuesday nights will be at Greenbelt, with a 6pm registration. Call Larry Black for further details on the Greenbelt races.

Please spread the word, novice will possibly be stock bike races, two laps only. We are also considering giving D Class or Pro-novices two laps only, if they want more laps, they should join the U.S.C.F. I, for one, have had enough of these so-called racers. How about one of our artistic or creative members coming up with a sign or two that is rain, wind, and steal proof, to give our races some advertising?... In the tough luck department, Grahame Reffell was set back this season when he hurt his knee while training ... .

Birthday greetings go out to: Steve Auburn, Gabe Alarcon, John D. Cary, Bob Fisher, Ari Hirschman, Scott Hollinger, John Lord, Mark Mergen, Craig Parker, Julie Paul, Jeff Stansbury, Randy Saunders, George Wiggans, Simon Walker, and Pete Swan; greetings are accepted by yours truly. If the Wheelie did not wish you a Happy Birthday on behalf of the club, either you are not a member of NCVC or you are not a person who fills out club applications. Happy Birthday, anyway.

Cheers!  
Mike

FROM THE PAGES OF NCVC'S EXTINGUISHED  
ILLUSTRATED GUIDE TO CYCLING TERMS:  
ENTRY # 29: WHEEL SUCKING



"JUST WHAT THE DEVIL ARE  
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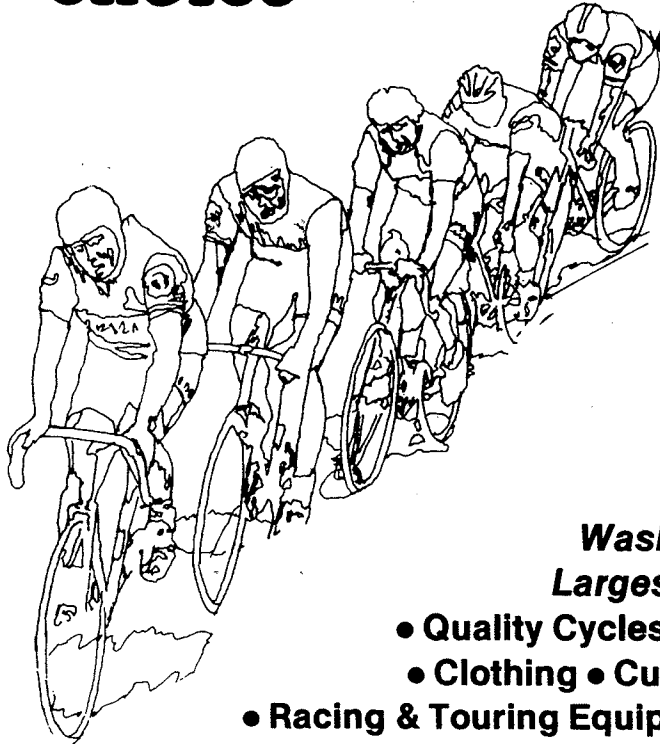
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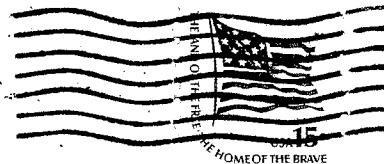
CLASSIFIED ADS

Don't forget that this section is free for NCVC members. Why not use the classifieds to buy, sell or trade your bike gear.

**For Sale:**

1 set of Diacomp 400 Brakes, brand new, in box. \$50  
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Call Ed Cottrell. Day: 691-0880. Evening: 476-4716

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