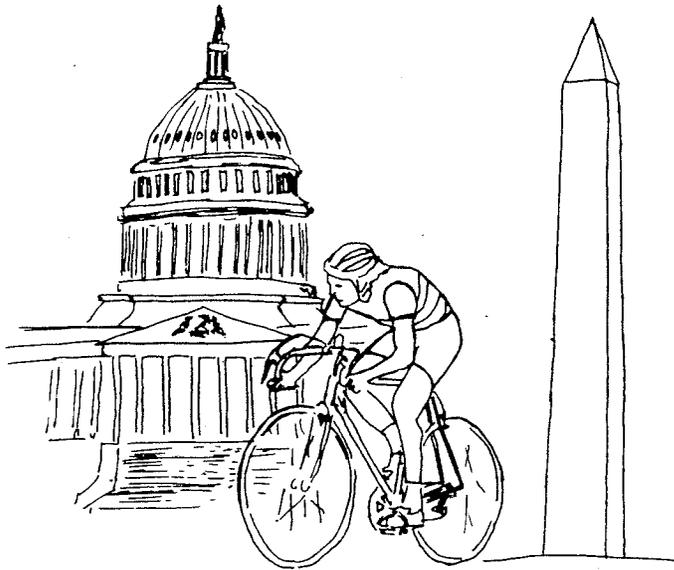


National Capital Velo Club, Inc.

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D.C. 20044

NCVC Newsletter

JULY 1980



A JOURNAL OF BICYCLE RACING AROUND THE NATION'S CAPITAL

NCVC EXECUTIVE COMMITTEE VOTES ON SUPPORT MONEY

The NCVC Executive Committee gathered at the residence of Mr. and Mrs. Larry Black (She of blissful smile--He of ring in nose) on July 8th to discuss team support money for the remainder of the year and other administrative matters. Points of interest (sans war stories) include the following:

- Due to an apparent lack of understanding on who can receive support money for open racing the Executive Committee reaffirmed its philosophy of "getting riders to the line at sanctioned races." Thus all members (excluding Associates) regardless of Team Status are eligible for entry money (except post entry penalties) as long as he or she actually participates in the event and wears the club colors. Those members who qualify can apply for reimbursement for all open races (except District Championships) attended since May 1, 1980, by submitting a listing to Alan Rashid - NCVC Team Director no later than July 24, 1980; and on a monthly basis thereafter.
- NCVC members who have qualified and will attend the National Championships are eligible for expense money--\$50 per individual/\$75 per family. Eligible members should contact Pete Swan (649-4841) before July 24, 1980.
- Bonus support money will be awarded to riders selected for Team Status (see related article) based on performance. NCVC Team Status may be appealed to the Executive Committee at any time.
- Riders who wish to be considered for end-of-year NCVC awards should submit a listing or results for the year to date (and monthly thereafter) to Mike Butler (see roster). This year's awards will include an NCVC Best-All-Round and Rider-Of-The-Year -- as well as numerous other awards.
- The Annual NCVC Awards Banquet will be held on November 15, 1980 at the River Road Unitarian Church, Bethesda, Maryland. Cost of the meal and festivities will be \$7.50 for pre-entry (by November 8, 1980) and \$9.00 post. Checks can be mailed to Paul Lenz (see roster).
- Effective immediately Ed Cottrell (703) 476-4716 has been appointed NCVC Virginia Rider Representative.

P.G. COUNTY TRAINING RIDES

Larry Black leads a rag-tag group of racers on training rides of 25-75 miles most mornings at 8:00 AM from College Park Bicycles. For further information call 277-2555 or 864-2211.

GREENBELT PARK SERIES RESULTS FOR JUNE RACES

All prizes except first place in Class D (novice) are equivalent merchandise value at the sponsor, College Park Bicycles. Be sure to thank Larry or Linda when you claim your prize.

Please note: Starting time for the races will be moved up to 6:15 pm (6:45 pm A and B Class) starting July 29, and to 6:00 pm (6:30 pm for A and B Class) starting August 26. Please be on time!

<u>A Class</u>	Pts.	Prizes
1. B. Phillips	12	\$15
2. K. Klinke	10	\$10.50
2. R. Schuette	10	\$10.50
4. L. Black	9	\$ 7
5. D. Giese	7	\$ 3
5. C. Cressey	7	\$ 3

<u>B Class</u>	Pts.	Prizes
1. J. Mills	12	\$11
1. K. Minor	12	\$11
3. K. Lee	10	\$ 8
4. N. Carey	7	\$ 5.50
4. W. Davis	7	\$ 5.50

<u>C Class</u>	Pts.	Prizes
1. S. Rodenhuis	18	\$10
2. K. Minor	12	\$ 7
2. M. Hanna	12	\$ 7
4. A. Perrone	9	\$ 4.50
4. H. Magwood	9	\$ 4.50

<u>D. Class</u>	Pts	Prizes
1. D. Cannon	21	USCF License
2. J. Gallin	14	\$5.50
2. D. McKinnie	14	\$5.50
4. A. Dempster	7	\$3.50
4. E. Ewald	7	\$3.50

Newsletter News

Deadline for the August newsletter is July 29, 1980. I am still waiting for all those wonderful articles describing the races you have seen lately! Sorry this month's newsletter is late, we were on holiday, and I have had trouble getting to work since we got back.

Carol

THE REST OF THE RESULTS FOR MAY, 1980 IBM RACES

<u>C Class</u>	Pts.
1. D. Weitzel	11
1. H. Magwood	11
3. J. Fuster	10.5
4. J. Gangloff	7
4. G. Wilson	7
4. E. Wallsren	7
4. W. Davis	7
8. D. Montgomery	5
8. M. Thurber	5
8. L. Tabacchi	5
11.D. McGurin	3
11.E. Salminen	3
13.S. Oaks	1
13 K. Minor	1
13 M. Rainey	1

<u>D Class</u>	Pts.
1. J. Freeman	9
2. J. Navadrete	7
2. A. Perrone	7
4. B. Woolfe	5
4. K. Rhyner	5
4. T. Seibert	5
4. J. Wainer	5
8. J. Waller	3
8. B. Kelly	3
8. D. Lipke	3
11. J. Stetson	2
11. S. MacIntyre	2
13. M. Schaff	1
13. R. Roberts	1
13. B. Clark	1

HELP, SOMEBODY!!!

Information is needed from a Club member or other bicyclist who has had any dealings with EUR International in Dayton, Ohio from the Washington Metropolitan Area. A local rider who has just moved to the area has contacted the club for help. Please send details to Larry Black, c/o NCVC at P.O. Box 14004, Benjamin Franklin Station, Washington, D.C. 20044.

REMEMBER ...

Remember that the days are getting shorter already and that Greenbelt and IBM races will be starting about five minutes earlier each week, so give yourself plenty of time to get out there.

RAMBLING WITH THE WHEELIE

Yes, it is true - Larry Black has become Mr. Linda Dockendorf on June 29 at a very private ceremony, where Linda became NCVC's First Lady. Congratulations to a fine and very nice duo.

It is also true that NCVC won at Somerville again. This makes the second time our Intermediates had two finishers in the top three. Young Pederson broke away with another rider about two laps before the finish and then outmuscled the guy to the line, and Colin Clark outsprinted the pack for third. Unfortunately, up and coming Tim Noakes fell and broke his arm. However, things are looking good for NCVC's future. It's always the way, everyone worries about who is going to take the place of our departed hot shots, when right under our noses are potential champions.

Back to Somerville ... the Junior event saw Freddy Sheffield at the start line for the first time of the weekend, wrist all bandaged and weak from an IBM spill the Thursday before. Speaking of the crash, thanks to Ms. Capra for taking Fred to the hospital, we really appreciate your kindness. Back again to Somerville ... Fred was told by the National Coaches not to ride Allentown and Nutley. So he watched in pain (not in his wrist but in his heart) because he could have for sure taken a victory. So then he went to the line in Somerville only to go down behind some turkey in the first turn. However, brother George, taking notes from the riding styles of Jim Bob and Hal Mattes, went on to finish sixth. The Women rode well, Mary Pelz, with not too much practice in 30 up sprints, ended up about 16th, while Julie Paul, an ex-cross country skier who is riding quite well, went down with a couple of nervous riders.

The Senior Men saw our "Dyno Vet", Jim Montgomery, finish with all the biggies, including a couple of ex-World champs. NCVC did not go unnoticed, though, a Cat IV rider who somehow this year has a Cat II license, made history by being dropped in half a lap. And, would you believe, Tom Prehn and Dave Ware could not get in the race because the field was filled three weeks prior?

While we were in Jersey, President Torpedo Black took a team to Ohio where he rode a very good race to finish 10th, and Martha rode through a crash like a pro to take a well earned fifth. This race also saw the return of Linda Dockendorf to the sport ... I tell you, if you want to see what bicycle racing is all about ... next year make sure you see Nutley and Somerville. All bike racing fans will be cheated if they never see Somerville. Every year it amazes me. Thousands of people all around the circuit. This year, with an ex-World Champ from Columbia "Cochise" Rodrigues in the race, the Columbian spectators gave us some of the Latin flavor with flags and cheers. I, as always at Somerville, had a ball.

The day before Somerville, we saw an exciting race at Nutley, also call the Eric Heiden show. The first of the series, ABC Wide World of Sports cameras and all, got off with an exciting and record breaking look, equally as exciting as Somerville. Who won? Buy Velo News and find out - I'm only a local reporter. Canadian Steve Buer won Somerville, Officer second and Lovell third. National Silver Medalist twice in 1979, Tom Doughty is the new look record holder, outsprinting Dale Stetina to win it. Eric H. outsprinted the pack to finish 19th.

Allentown was uneventful, George Sheffield finished in the pack; he also took 11th the next day at Nutley. Mary Pelz missed her goal by half a lap. This very difficult and hilly course, called by many "the battle of Allentown" is a buster. What was her goal? To finish with the pack ... she stayed for five and a half out of six laps.

Since I'll be getting dropped at IBM every Thursday night, it will be tough reporting it, so if you feel like turning reporter, Carol Reffell will be very happy, and our club members will be informed.

If you are not seeing Jim Bob Bradford at races lately, it is because this very talented young man, best known for always being there at the finish and in the money; with a fourth place finish at the Nationals as a Junior, and a 1979 state championship, it is because he is "biked out" at present. I, personally, hope that this is only a year off and that 1981 will see "The Sneak" AKA WSJB back on his bike in the old red and white. I'm sure we will see him in a few IBM races when ever the itch gets him.

The District Championships in Maryland and Delaware Roads and Time Trials were, as usual for Ken Gyory, our District Rep, very well run. Of course, in the road race it was the usual problem, not enough Road Guards, and we had one Junior taking the wrong turn. Rick "the Machine" Barnett lived up to his name by riding 25 miles in 55:45. "Motoring" Mary Pelz finally got a double gold. Gerry Nugent finally broke the hour at the districts and it took a track bike and turning Master to do it. (Gerry is really smelling Nationals Gold, he took his track bike to the G.W. Parkway and came quite close to Rick Barnett's course record for ten miles).

In the Senior Road Race International Tommy Prehn made it two in a row. For the first time in quite a while we had a star studded field including the full Alpine team, who did not have a good day. Before the start of the race, we had several possible winners: Prehn, Pearson, Barnett, Cressy, Meerman, and Slaughter. Meerman was out before the start, he took a wrong turn and missed the start. Pearson was disqualified for exchanging shirts with Meerman, who was getting some miles in riding off the back. Ed got bored and dropped out. Barnett and past state Champion Bob Fisher took a shot at breaking away, then, when the pack regrouped, Prehn and a CRC/Raleigh rider from Delaware took off and stayed away, Cressy took an easy third. Why did the Wheelie get dropped first time up the mountain (hill, to most people) and call himself chasing for seven laps before stopping to help feed? No excuse except he did party until 2:30 that morning and only slept for 1½ hours ... poor baby! ... The ride was rough, but it was one hell of a party.

It is rumored that Ace Art Brown, who had quite a few very impressive placings and definitely is in running for Rider of the Year, may resign due to lack of support.* Just before press time, an executive meeting was called to look into the method of support offered by the club to its active racing members.** Please understand that my articles do not speak for NCVC. I try to inform and give my views on what I hear and see.

Keep those legs turning

Mike

* At this time we are informed that Art has resigned.

** For details, see the article on the Executive Committee meeting.

CURRENT NCVC TEAM STATUS

Details on the criteria for making the A and B teams and the formula for bonus support money will appear in the next issue.

A-Team

Fred Sheffield
George Sheffield
David Pedersen

Colin Clark
Rick Schutte
Reeves Taylor

Ed Cottrell
Chris Cressy
Jim Montgomery

Jerry Nugent
Gordie Holterman



National Capital Velo Club, Inc.

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D.C. 20044

May 30, 1980

MEMORANDUM

TO: PAUL LENZ - TREASURER
FROM: PETE SWAN - HUMBLE MEMBER *Pete*
SUBJECT: GEORGETOWN CYCLE SPORT SERIES INCOME AND EXPENSE REPORT FOR PERIOD (5/1/80 - 5/29/80)

INCOME

Entry fees and number deposits \$529

EXPENSE

Series related

Basic prize list to Georgetown \$75
Supplies for first aid kit 7
USCF Series Sanction 10
Extra race numbers 42

134

Net Profit \$395

MARYLAND/DELAWARE ROAD RACING CHAMPIONSHIPS
25 MILE TIME TRIALS, JUNE 15
ROAD RACES, JUNE 22, HYDES, MD.

SENIOR MEN (18-34) - Time Trial, 25 Miles

1. Rick Barnett, Chevy Chase, Md. 55:45 (State Record)
2. Larry Black, College Park 58:45
3. Kraig Klinke, College Park 58:47

107 Mile Road Race

1. Tom Prehn, Annapolis, Md. (Second year in a row)
2. John ?, Delaware
3. Chris Cressey, Bowie, Md.

INTERMEDIATES

- ✓ 1. Colin Clark
2. Dave Pederson
- ✓ 3. Tim Noakes

SENIOR WOMEN

Time Trial

1. Mary Pelz, Takoma Park, Md. 1:07
2. Martha Rainey, Bethesda, Md. 1:09
3. Betty Spear, Silver Spring, Md. 1:12

MIDGETS

- ✓ 1. Brendan Clark
2. Pederson

40 Mile Road Race

1. Mary Pelz
2. Martha Rainey
3. Betty Spear

MASTERS MEN

Time Trial

- ✓ 1. Gerry Nugent, Bowie 59:18 (Record)

JUNIOR MEN (15 - 17)

Time Trial

1. Fred Sheffield, Potomac 58:11
2. Charles Norton, Baltimore 58:54
3. George Sheffield, Potomac 1:00:00

VETERAN WOMEN (35-44)

Time Trial

- ✓ 1. Geneva Nugent, Bowie 1:13

VETERAN MEN (35-44)

Time Trial

1. Larry Dieren, Baltimore 1:01
2. Mike Casseday, Greenbelt 1:02
3. Jim Elliott, Delaware 1:04

JUNIOR WOMEN

Time Trial

1. Ann Shoenfield, Delaware 1:11
2. Cynthia Paul, Chevy Chase 1:13

Road Race

- ✓ 2. Gerry Nugent
3. L. Dieren

Road Race

- ✓ 1. Cynthia Paul, Chevy Chase
2. Ann Shoenfield, Delaware



National Capital Velo Club, Inc.

P.O. BOX 14004, BENJAMIN FRANKLIN STATION, WASHINGTON, D.C. 20044

June 30, 1980

MEMORANDUM

TO: PAUL LENZ - TREASURER

FROM: PETE SWAN - HUMBLE MEMBER *Pete*

SUBJECT: GEORGETOWN CYCLE SPORT SERIES INCOME AND EXPENSE FOR PERIOD (6/5/80 - 6/26/80)

INCOME

Entry fees and number deposits \$520

EXPENSE

Basic prize list to Georgetown 75

BALANCE TO NATIONAL CAPITAL VELO CLUB \$445

BIKE HANDLING FOR "C" and "D" CLASS RIDERS

I felt compelled to write on this subject while road-guarding at the IBM training races last night. I find it interesting how so many riders will do just about anything to keep from fulfilling this responsibility. I do not mind volunteering for this duty as I find it to be very educational. Last night, I was comparing the "A" class race with the "C" race I had just completed. It was interesting to note the bike handling abilities of the two classes of riders, particularly in the corners. Where the "A" riders will go through the corners in either a single file or 2-3 across, the "C" riders attempt to corner 4-6 abreast. Aside from this obvious difference, there was an appalling lack of respect for the safety of others in the "C" class race. In other words, the "A" riders picked a line through the corner and held it, whereas the "C" riders tended to either change lines or cross over the lines picked by the other riders; those who were following the correct line through the corner. This creates a very dangerous situation, as the individual who was taken down in the first corner by such a stupid maneuver can attest to.

After considerable thought on the subject, I have come up with the following proposals:

1. Hold a clinic for "C" and "D" class riders in which several of the "A" riders would take the others around (in small groups), demonstrating how and why they take the corners as they do. Also, how to ride safely in a pack and how to "share the load" by pulling through when the lead rider pulls off. I mention this last point because the "C" and "D" packs tend to look like worms as they very carefully follow the leader as he pulls off to the side to allow the next rider to pull through.

2. I feel that "C" and "D" riders should jump at the chance to volunteer for road guard duty so that they can observe how the "A" riders (and usually the "B" class) take the corners and how they work together. This can be a real education. As they say "a picture is worth a thousand words"!

3. Institute a system whereby a dangerous rider is required to take a mini-course on bike handling from several good riders before he/she is allowed to race in the training races again. In this regard, I feel it is the responsibility of the riders to report a rider(s) who is(are) endangering others; not because they dislike him or wish to show disrespect, but because they don't want anyone to get hurt. Safety is, or should be, the name of the game!

Above all, do not be afraid to ask the better riders to show you the proper methods of bike handling. I'm sure they would prefer to demonstrate them to you before you get into an accident, rather than after. We all want the races to be as safe as possible.

Stan Oaks
Senior IV (soon to be Vet)

FORKS OF THE DELAWARE --- CRESSY CRUISES TO VICTORY

In one of his finest performances this year Chris Cressy electrified the gathered fans in the final 200 meters of the July 6th classic for the win in the hotly contested 30 mile criterium. Cressy soloed for 6 laps early in the race, but was unable to hold off a strong field -- despite some nifty blocking by protege Rick Schutte and an ashen faced Larry Black. With one to go former Olympic sprinter Patrick Gellineau jumped hard for a prime bringing the now rested Cressy out in hot pursuit. Out of the final turn it was Chris all the way besting the wasted Gellineau by 50 ft at the line.

This year's course with no less than 8 turns and some strong headwinds quickly pared the 134 II-III field down to 40 for the final bell. Schutte and Black showing a strong kick of their own sprinted to 8th and 12th places respectively. In the Veteran's race it was NCVC's "Gray Fox" Jerry Nuggent in a display of pre-Nationals speed and endurance. With no other teammates at the front -- "Montgomery where are you when I need you?" -- Nuggent was unable to contain powerful Joe Saling who soloed away for the win. But in the field sprint it was Jerry by a wide margin for 2nd place and a special prime for the first Masters to hit the line. Just imagine what this guy would have been like if he had started racing in his twenties.

LETTERS TO THE EDITOR

I had two letters from Chesapeake Wheelmen in the last two weeks. Both were protesting my printing of Mike Butler's comments on the 1980 Maryland Road Classic and its lack of a Woman's race.

John Cox took me to task for printing Mike's comments without researching the facts, as it "will only generate bad feelings between the two clubs". He went on to say that the actual reason for the omission of the Women's race was lack of money and crowding of the program. The next letter was from Race Director Jeff Kline, whose tone was kinder, but who reiterated Cox's point that money and space were the problems, not, as Butler had stated, the fact that a Woman rider had complained about her prize last year.

Cox and Kline may well be correct as to the facts, but I feel that they miss the point of "Rambling With the Wheelie": Mike Butler makes very clear that this monthly monologue is bicycling seen from his viewpoint only, and that his opinions are not necessarily those of NCVC. Naturally, I am glad to print letters or articles from those who see things differently. However, I must admit that receiving two letters of complaint upon my return from vacation is almost enough to make yours truly think twice about asking for further letters to the editor.

Carol

GEORGETOWN CYCLE SPORT SERIES - JUNE RESULTS

<u>A-Class</u>			<u>B-Class</u>		
	<u>Pts.</u>	<u>Prize</u>		<u>Pts.</u>	<u>Prize</u>
1) R. Barnett	73	\$15	R. Headley	15	\$13
2) C. Cressy	70	12	J. Fuster	12	11
3) B. Phillips	55	11	T. Levanposki	11	9
4) T. Prehn	52	9	K. Minor	6	8
5) J. Montgomery	41	8	T. Buzas	5	7

<u>C-Class</u>			<u>D-Class</u>		
	<u>Pts.</u>	<u>Prize</u>		<u>Pts.</u>	<u>Prize</u>
1) J. Stansbury	26	\$10	D. Cannon	13	\$ 9
2) M. Szablak	13	8	N. Bangham	10	7
3) H. Magwood	10	7	C. Kellogg	8	6
4) A. Perrone	8	6	J. Schaaf	7	3
5) G. Wilson	6	5	B. Morgan	7	3
			J. McIntyre	7	3

<u>Midgets</u>	
	<u>Pts.</u>
1) J. Pedersen	17
2) B. Clark	14
3) ? Schaaf	10
S. Cobb	10
5) G. Reed	6

ALL PRIZES ARE CASH ALLOWANCES AT EITHER GEIRGETOWN CYCLE SPORT
BE SURE TO THANK DANNY WAGNER FOR HIS GENEROUS SUPPORT OF THE SPORT

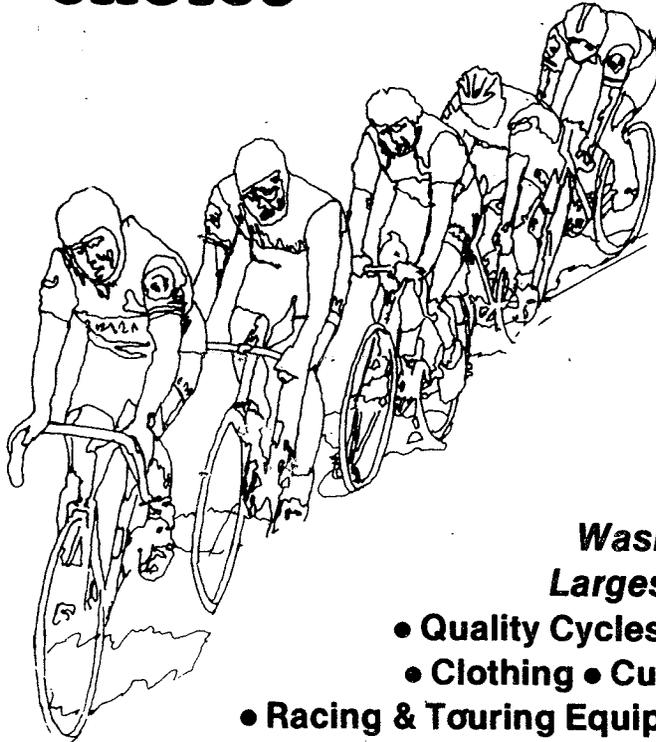
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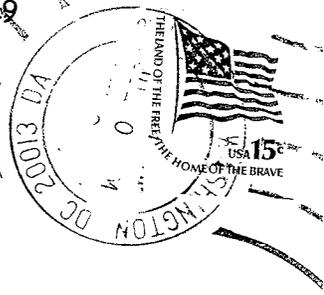
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Maryland Rider Rep.	Mike Casseday	345-1923
Virginia Rider Rep.	Ed Cottrell	476-4716
Team Coach	Jim Montgomery	471-7656
Team Director	Alan Rashid	229-0346
Newsletter Editor	Carol Reffell	362-0619

NCVC NEWSLETTER
5334 CAROLINA PLACE, N.W.
WASHINGTON, D.C. 20016



Peter Swan
1400 Gridley Lane
Silver Spring, Md. 20902