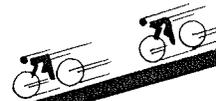


June, 1982
Vol. II, No. 4.

VELOVOICCE

A Journal of Bicycle Racing in the Nation's Capital



NCVC SCORES IN JR. QUALIFICATION RACE

Twelve NCVC juniors competed in the Triangle Trials among a field of 48 indicating that the club is bringing new talent into the sport. More impressive yet, 3 of 11 prize winners were from NCVC!

In the 5.1 mile TT, David Farmer, a 1st year junior from PA who competes effectively in Senior I, II races, showed that he is a force to be reckoned with. He won with a time of 11:47, a 14 second margin over 2nd place Neil Cormier. Third and fifth places were won by NCVC riders Mike Pugh and Gordon Holterman while Tim Noakes came in 10th. Although the TT had its comic moments, such as a late starter who, when told he had to come to a complete stop at the line, braked so hard he sailed over the handlebars, by and large the flat out and back course raced under windless conditions was relatively uneventful. The real excitement was in the grueling road race.

The road course, a 7 mile loop noteworthy for a few rolling hills, a tight turn and one demanding hill, has another deceptive feature: at what appears to be the crest of the toughest hill, there is a continued rise that goes on for a half-mile longer. This proved to be the ideal place for attacks, which tended to occur on almost every lap. Since the two events were to be scored as are stage races on the basis of total time,

Cont'd on Page 7

DISTRICT CHAMPIONSHIP RESULTS - NCVC

The District Championship Road Races were held on Sunday, May 23.

<u>MD/DEL</u>	Senior Men	1. E. Ewald 5. M. Kennedy
	Women	1. M. Pelz 2. J. Paul 3. C. Paul
	Veterans	1. R. Lea 3. J. Haddock 6. J. Patton 7. P. Cramer
	Masters Men	1. J. Nugent 2. F. Pedersen
	Masters Women	1. G. Nugent
	Junior Men	1. T. Noakes 2. T. Logan 3. S. Rodenhuis 4. D. Pedersen
	Junior Women	2. K. Schneider
	Intermed. Boys	1. T. Dalton 3. M. Shellhaas
	Midget Boys	1. S. Schenk
	Midget Girls	1. M. James
<u>DC/VA</u>	Senior Men	1. R. Schneider
	Veterans	1. J. Montgomery 2. P. Didier
	Junior Men	1. M. Pugh 2. G. Holterman

VELOVOICE

SECRETARY'S REPORT

VELOVOICE is the monthly newsletter of NCVC, Inc., a non-profit educational and service organization supported by memberships, program fees and contributions. A subscription to VeloVoice is included with membership.

VeloVoice Editors:

Esther Pedersen, 530-2387
Joanne Sheffield, 983-1785
Harley Sheffield, 983-1785

Consultant:

Larry Black, 864-2211

The Editors welcome articles, accounts of races, reproducible photographs, comments and suggestions. "Letters to the Editor" are also welcome and should be signed.

Personnal advertisements to buy, sell, or swap items are printed free for NCVC members.

Commercial advertising rates are as follows:

\$40 per page
\$20 per half page
\$10 per quarter page

A 15% discount applies to ads placed in two or more consecutive issues.

All materials must be received by the Editors by the 20th of the month in order to appear in the forthcoming issue.

NCVC OFFICERS

President:	Mike Butler	588-2087
Vice-President:	Tim Lung (301)	739-6220
Secretary:	Alan Rashid	229-0346
Treasurer:	Ken McCormick (301)	725-7078
Membership Chairman:		
	Paul Didier	(703) 777-8336
Maryland Rider Rep:		
	Fred Kelley	588-9024
Virginia Rider Rep:		
	Ed Cottrell	(703) 435-5620
D.C. Rider Rep		
	Ken Jacobson	333-3509
Team Coach:		
	Jim Montgomery	(703) 471-7656

A full report of the last Executive Committee meeting should appear in a later issue but some of the highlights are as follows:

The '82 NCVC Raffle is on. Tickets are now available-should be available at Greenbelt, IBM and from NCVC Officers. The drawing will be held on July 1st. If anyone is interested in selling tickets contact me. Remember, the person selling the most tickets wins two Criterium Seta tires. Tickets are only \$1.00 and the prize is a \$600 Peugeot in the winner's size. The tickets should be very easy to sell and we really need a lot of support for this money-raising opportunity. I hope that everyone will at least try to sell a few to co-workers, classmates, etc. You don't have to pay for the tickets until they are sold. So take a chance and try to sell a few for the club.

The club is ordering 50 wool jerseys. All of the present team members and riders becoming team members will receive a free jersey. Other NCVC members can purchase jerseys from Fred Kelley. The Club Officials urge every member to wear his/her club jersey at IBM, Greenbelt and other races.

Reimbursement to riders for per diem will be limited to \$10 for food and \$15 for lodging. If you arrange for board and/or lodging at no cost to you please do not submit a per diem request for it.

WARNING

If you have purchased a new NCVC jersey and you do not already know it, the lettering fades badly. The jersey must be washed by hand in cold water preferably in Woolite. Do not put it into the washing machine. Wool jerseys are still not available.

**CYCLES
PEUGEOT**



COACH'S CORNER

by Jim Montgomery, Nat'l Champion

DESIGNATED RACES

<u>Date</u>	<u>Classes</u>	<u>Event</u>	<u>Location</u>
June 5/6	All	District Track Championships	Trexlerstown, PA
June 12/13	All	District TT Championships	MD/VA
June 20	All	Forks of the Delaware Crit.	Easton, PA
June 26	Sr. 3/4, Vet, Masters	Westminister Bicycle Race	Westminister, MD

Note: Designating races is difficult due to the schedule conflicts. If you have a strong preference, please let your team captain know early.

TEAM NEWS

Based on the demonstration of their ability to win races and contribute to team victories, Andrew Gallatly, Matt McGoey, Mike Pugh and Bob Schneider have been added to the NCVC A team. They also unquestionably meet my criteria for dedication to the sport. Unfortunately, Eric Winstead and Cynthia Paul are being placed on probation for one month due to non-performance. The current make-up of the A team and the "goodies" received are listed below:

Jerry Nugent	Master/Cat. 3	(a&c)
Rob Lea	Veteran/Cat. 2	(a&c)
Jim Montgomery	Veteran/Cat. 2	(a&c)
Bob Schneider	Veteran/Cat. 2	(a&c)
Tom Chew	Senior/Cat. 1	(b&c&d)
Fred Kelley	Senior/Cat. 2	(b&c&d)
Matt McGoey	Senior/Cat. 2	
Ed Cottrell	Senior/Cat. 3	(b&c)
Mary Pelz	Women	(b)
Cynthia Paul	Women	(b)
Gordy Holterman	Junior	(c)
Mike Pugh	Junior	
Eric Winstead	Junior	(b&c)
Andrew Gallatly	Intermediate	

- (a) Bella Frame, Suntour components and shorts.
- (b) Peugeot Frame
- (c) Peugeot warm-ups
- (d) Peugeot shorts

Hopefully, very soon I will be able to name David Pedersen, Mike Kennedy, Kevin Lee or Paul Didier to the team as well.

Reminder to ALL: You must call in your results to the Montgomerys' on Monday following the race (471-7656).

INDIVIDUALIZED COACHING

Believe it or not, it is available although I hate to advertise it. If you can get out to train with me even occasionally, then I can make a difference to you. Coaching for sprinting is my specialty and three hours can make a big difference. So try and make our training rides from my house on a Monday, Tuesday or Friday at 5:30pm. If you want a simple check of your position, stop me at Greenbelt or IBM and ask. Just like everyone else, I like to offer advice, but without a chance to get to know you, it will be rather general. By the way, do keep a training diary because a coach needs to know how you got to where you are in addition to where you are now.

LICENSED RIDERS NOTE:

All licensed racers must be prepared to show their current USCF license before each race. This rule includes the A, B, and C races at IBM and Greenbelt.

RAMBLING

WITH THE BIG WHEELIE by Mike Butler

The month of May brought us IBM and Greenbelt training races. The first race at IBM treated us to the likes of Gibby Hatton and A class was won by Ed Slaughter. The second week brought us our annual quota of broken collar bones - Alan Rashid who was run off the road earlier that week and Fred Kelley riding his first IBM race of the year. After a busy April the only race I went to was the Women's Tour of South Branch. This was not our day. The night before right outside of Philadelphia we were rear-ended. If you want to see sweet gentle Julie Paul go crazy, mess with her bicycle. She was in the back seat and was out of the car before I was. I thought she'd beat up the woman...Next day, Cynthia, wanting to ride her first open race of the season did not receive her USCF license in time so after the typical N.J. reaction, not only didn't she get to ride, but they went through a bunch of charges as though we were from another planet. What next? After sprinting to 5th Mary Pelz was moved to 8th because she crossed the yellow line too many times...Again, it was not what happened but the way Joe Saling took pleasure in helping to almost dig Pelz. I guess it was his way of getting back on Jim Montgomery. It was unreal. Say if you know of anyone wanting to buy a 1-season-old 23" Peugeot with a brand new paint job, let me know...June 13th, is the Maryland/Delaware Time Trial Championship and we need your assistance. Please call the Hendrix (301) 730-9218 or Mike Butler at 588-2087 if you can help. The club will reimburse gas money to all volunteers...CONGRATS to Roy and Marie Morris on their first born, a spinning baby boy. Congratulations also go out to Matt McGoey who picked up his first Senior victory in New England at the Sports Festival Qualification Race...Through the second week of May, Rob Lea has the most club victories. Motoring Mary and Neo-NCVCer Andy Gallatly have placed in every race they have entered...April 24th, the Tour

de Moore '82 went to NCVC. Some outstanding riding by neo-member Tom Chew with the help of Matt McGoey, Fred Kelley, Bob Schneider and Jim Montgomery made for a lot of excitement...The Women's Race started on time at 8:45am and at the 12 mile mark, I saw Mary chasing all out and catching after an early spill 4 miles into the race. Next time I saw the pack, 12 miles later, everyone was intact, Mary chatting with Leslie Nitz and Julie Paul looking good. Six miles later, with 4 miles to go, folks were getting serious and beginning to fight for position. At the finish, there were no red and white jerseys in the pack nor any of the top sprinters. In a few seconds, Mary sprinted for 15th and Julie for 16th. Then I found out that 1½ miles out some shaky racers touched taking down the first half of the pack, killing what could have been the Pelz first major victory. Ten minutes later, the men went by all strung out after two big spills, the second of which took 50 riders down including NCVC's Dave Pedersen and John Mills. At the 2nd feeding station, everyone was in the pack except Rob Lea who had flatted. After Bob Schneider was missed feeding twice, we decided to drive on to the 3rd feeding station where a small pack including Tom Chew came by with a small lead. As I found out this did not last but on the next downhill, Tom went again and this time Captain Montgomery called his troops to the front of the pack and closed things down. Ian Jackson penetrated taking Matt McGoey with him. It turned out to be a great day for Danny Wagner who sponsors both NCVC and MRC as there were more of them in the top 20 than any other club. At the finish it was Tom Chew, hands in the air, crossing the line ahead of MRC/Alpine's newest import from Australia and NC's pride and joy, Ron Hinson. Matt was 10th, Schneider 20th, and Kelley 25th. It was great hearing both 1st and 2nd place finishers thanking Danny Wagner of Georgetown

Cycle Sport. Next day, ^fVets were first up and after taking all the primes, Bobby Phillips displayed some of his track racing tactics to narrowly beat Montgomery to the line. Bob Schneider was 3rd and Rob Lea 5th. Next the Women, and before the smoke from the pistol could clear, two Florida-based riders fighting for Sports Festival Qualification were down the road as if the race was an 11 lap sprint. For several laps the pack was all stretched out and the pace continued for the full race making it the fastest women's race to that point. Mary survived to place 10th. The race was won by Tracy Stiller of Florida. The Senior I-II/Pro Race followed the same pattern with lots of speed. A gutsy Matt McGoey took two

primes and spr¹led to 15th place. The final race, Senior III/IV, saw an early break by Kevin Lee and Mike Kennedy leaving Ed Cottrell to control the entire pack. The break lasted for most of the race thanks to Ed but no one could control that hungry pack forever and the break was caught soon after a lone rider countered and stayed away. Kevin Lee took the field sprint for 2nd from Cottrell, (3rd) and Mike Kennedy was 6th...Last, but not least, the Triangle Trials was a great success. NCVC owes a round of applause to Frank Pedersen who, in the promotion of his first bike race, did an excellent job.

Cheers,
Mike

THE WHEELIE CUP or NCVC B.A.R.

From the results called in to Jim Montgomery, points will be awarded as follows:

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Pro-Am/Nat'l Prestige	20	17	15	13	11	10	9	9	7	6	5	4	3	2	1
Category I, II	15	12	10	8	6	5	4	3	2	1					
Category II, III, IV	12	10	8	6	5	3	2	1	1	1					
Less competitive race	10	8	6	4	3										

If you have a better idea or a constructive suggestion please let me know.

WHEELIE POINTS STANDING THROUGH APRIL

1. M. Pelz	34	7. M. Kennedy	20	13. B. Schneider	9
2. R. Lea	33	8. F. Kelley	19	14. T. Noakes	8
3. A. Gallatly	32	9. M. Pugh	17	15. M. McGoey	7
4. E. Cottrell	30	10. P. Didier	10	16. J. Paul	7
5. J. Montgomery	29	11. J. Nugent	10	17. G. Nugent	2
6. T. Chew	25	12. M. Lee	10		



B E L L A

AVAILABLE AT SELECTED PRO SHOPS

FOR SALE

Jersey, Weyless, short-sleeved. Royal Blue. 100% wool. Med. Lg.-III. Like new. \$15. Call 983-1785 after 6pm.

Raleigh Gran Prix 10 speed. 23½" frame. Alloy components. Blue. Well maintained and in very good condition. \$180. Call Guy, evenings (301) 299-8561.

Miyata, 912 racing model. 19" with full braze-ons, H.P. pump, bottle cage with plastic Miyata bottle, and spare tube. Like new. \$400. Great bike but too short for me. Call Giulio Porto, at 323-3115 (work) or 276-9263 (home).

Peugeot, 23" Autographed model. Used one season. Brand new custom paint job. Call Butch, 588-2087.

Tires, aged Clement Criterium Setas. \$27 each or pair for \$52. Also, aged Wolber International tires (2) at \$15 each. Will trade for quality components. Call Jim Montgomery at 471-7656.

Peugeot Super Competition, 62cm. Silver Imron. Used 4 months. Sugino Custom cranks, Grand Compe brakes, Superbe and Campy derailleurs. All new with tubulars. \$475. New racing wheels, new style Campy hubs, DT 15ga. spokes, Super Champ. rims. \$120. New Campy Tipo hubs, Super Ambrosia 310 rims. \$90. Call Fred Kelley, 588-9024.

Lotus Gran Prix, SR equipped. Rigid clinchers. Excellent condition. Less than 1 year old. Call Ralph Millet, 587-0334.

Vigorelli frame, 60cm (23½"), Burgundy red color, newly painted. 531 tubing with chrome fork and full braze-ons. Virtually new. A good deal that should not be passed up. \$375. Call Cary at 779-0588.

MTD Rollers. Used one season. \$50. Jersey: Old style Kucharik NCVC. Small size - too big for me! Worn once. \$15. Call Julie, 779-0588.



TRIANGLE TRIALS

From the promoter's perspective, any race is a trial indeed! Thanks to the splendid support of many club members, the Triangle Trials went off without a hitch. Fifty-one juniors from VA to NH were registered, both the 5 mile time trial and the 64 mile road race went off on schedule and there were no accidents, protests or disqualifications to mar the outcome. Among the many helpful NCVCers, I am especially grateful to Ben and Emma Williams, Mary Noakes, Gwen Hendrix, Ann James, Mike Butler, Mary Pelz, Scott Gowing, Jim Pedersen, Peter Stevens, Fred Kelley and Gordon Holterman (the elder). The expenses of running the event fell within the amount budgeted and the promoter was spared the agony of hustling up prizes from beleaguered cycle shops. With only 19 riders completing the road race, there was no doubt the event was demanding enough to be worthy of selection points for the Junior World's Trials.

Frank Pedersen

RAIN OR SHINE

BICYCLISTS

10 Miles
all ages and abilities

MARYLAND TIME TRIAL SERIES

NEW TIME TRIAL DAY!
6:00 PM EVERY TUESDAY
every June - Aug.

CROFTON, MD
Anne Arundel County

FUN! MD Rts 3 & 424

FITNESS!

COMPETITION!

MONTHLY PRIZES!

Cycling Helmet is Req'd
Ask your bike shop for more information or call
679-5892
or 647-5989

Sanctioned by US Cycling Federation

OPEN to EVERYONE!

there was a great incentive for individual riders to get away from the field while Farmer's task was to hang on.

At the end of the 1st lap, David Pedersen and David Farmer were away together while Tim Noakes and Gordon Holterman blocked, but this appeared to be more a test of intentions than a meaningful effort. The pack rolled along at 25 mph on the 2nd lap, and on the 3rd Tim Noakes soloed away only to be swallowed up when he got into the hilly area. A variety of short-lived attacks occurred on the succeeding laps - all unsuccessful - while the hills took their toll on the less fit riders. On lap 7, David Pedersen made a serious bid to get away, managing to have perhaps a 30 second lead that lasted over a full lap. The pack again reeled him in, and immediately David Farmer and team-mate Jeremy Hopkins attacked. When the dust cleared, David Pedersen was in with them as well. This was an interesting situation because a successful break could insure 1st overall for Farmer, while bringing up team-mate Hopkins and Pedersen, the latter needing to overcome a poor time trial position. It was not to be, however, since many other strong riders stood to benefit on overall time if the race were to close with a field sprint. In the final sprint more conservative riders John Gerken and Albert Raneri took 1st and 2nd. David Pedersen still had something left as he edged out Mike Pugh for 3rd while Stephen Wood was 5th. David Farmer, Gordon Holterman and Jeremy Hopkins followed.

Stage Race scoring put a premium on the TT results as David Farmer and Neil Cormier finished 1st and 2nd overall. NCVC's Mike Pugh was 3rd overall, earning enough points to go to Colorado for the Junior World's Trials, and Gordon Holterman was 5th overall. David Pedersen's fine road race could not overcome his slow TT but he was selected by the Junior World's coaching staff representative, Jim Montgomery, for a special prize: Most Aggressive Rider. Only 19 completed the road race, 6 of whom were from NCVC. In addition to those mentioned, Tim Noakes, Scott Rodenhuis and Intermediate rider Tom Dalton hung on to the end.

I have the NCVC expense forms - try and get some from me - if you don't have the form please include in your request for reimbursement: the race, class, category, date, place, entry fee, and cost of travel, food and lodging. Don't forget - you must have filed a team application to be eligible for reimbursement and I must have your expense forms by the 2nd Sat. of each month for the previous month's expenses. The April reimbursements went pretty well although some people may not agree. The best excuses in the world won't help if the money has already been given out.

Many of you might not have heard of or seen the sudden improvement in our Senior I/II men but it has happened. What caused this sudden improvement? Nautilus? Motorpacing? The dreaded ergometer? Actually, it was no sweat. Tom Chew joined our club on April 18. Tom is an extremely strong and competitive rider in all events and a very welcome addition to the club. Tom has already proved to be a good motivator as was seen by Matt McGoey's great race in Harvard, Mass. on April 25 where he won the National Sports Festival qualifying race. This is Matt's first Senior I/II win - Congratulations!

I would like to take a minute to thank everyone who has called or come to see how I was doing. I think I must have spoken to everyone who has had a broken collar bone! My ergometer and I have already started to get reacquainted and I am looking forward to a year of great racing. Thanks for the support and encouragement.

Fred Kelley

MARYLAND/DELAWARE DISTRICT
TIME TRIAL CHAMPIONSHIPS

This event will be held on the same course as last year near Federalsburg, MD. Registration will begin at 7am with the first rider off at 8:01am. Entry fee is \$5.00. This year we have two automatic qualifiers both Masters Class and both Nugents (Jerry and Geneva).

Call Hal or Gwen Hendrix for further info. (301) 730-9218



OFFICIAL  SPONSORS

BIG \$19.95 SALE

- HELMETS: Brancale
Giro
Hardshells ALL \$19.95
Leather hairnet
- SHOES: Recman Italian shoes with \$19.95
adjustable cleats
- JERSEYS: NCVC Old Style \$19.95
Limited sizes
- SHORTS: Sergal, 100% cotton with \$19.95
genuine leather chamois
- CLUSTERS: Regina Oro, 5 or 6 speed \$19.95
with racing ratios
- CHAINS: Regina Oro 2 for \$19.95

NCVC Club Special: Clementi Condor training tires. NOW \$13.95.

WILDWOOD SHOPPING CENTER
10219 Old Georgetown Road
Bethesda, Md.
530-9011

BELLEVIEW SHOPPING CENTER
1506 Belleview Blvd.
Alexandria, Va.
768-8400

Olney Village Mart
18217 Village Mart Drive
Olney, Md.
774-3970

NCVC NEWSLETTER
11831 ENID DRIVE
POTOMAC, MD 20854

FIRST CLASS MAIL



Peter Swan
P.O. Box 2123
APO N.Y. 09403

**PLEASE RUSH
TIME SENSITIVE PUBLICATION!!!!!!**